Mass Times may need to be changed at short notice. **Confessions:** By appointment.

Parish Office Hours 10am to **2pm** Monday – Friday.

Notices for Newsletter Deadline is 12noon on Wednesday. Email to **info@headfordchurch.com** **It is not always possible to publish all notices due to space, so parish takes preference.**

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, please phone the office if you would like to be included in the list 35448.

Adoration of the Blessed Sacrament Mon. 9.15 - 11am & 7-8pm and Tues 6.45 - 8pm in **St. Mary's Church Headford** Tues 10-11am, Weds 10-11am and Thurs 6-7pm **St. Mary's Church, Claran.**

Adoration Every Friday 3-4pm with Divine Mercy and Stations of the Cross. St. Mary's Church Headford. Also available on churchtv.ie & Facebook

Offertory Collection: in **Headford** €1044 last weekend and in **Claran** €530**. Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. The Parish Safeguarding Policy is available on https://www.tuamarchdiocese.org/diocesan-safeguarding-policy/ Safeguarding Officers are PJ Newell and Maura Moran.

Altar Candle Intentions for August:
Headford: Private Intention
Claran: Private Intention

Ministers for August Headford
Readers: Sat 9th Sr. Annemaria
Sat 16th Pat Duddy, **Sat 23rd** Philomena Jacques, **Sat 30th**

Sun 11.30am: 10th & 31st Amanda O'Connell **Sun 17th& 24th** Siobhan Waldron

Ministers of the Eucharist:
Sat. 7pm: Bernie Sweeney
Sun 11.30am Siobhan Waldron & Ina Curran

Baskets: Sat 7pm Sun 11.30am James Moran, Siobhan Waldron.

Ministers for August Claran
Readers: Nora Darcy
Minister of the Eucharist: May Kenny & Helena Hastings

Feast Days: Mon 11th St. Clare, **Tues 12th** St. Jane Frances de Chantal, St. Muredach, **Weds 13th** Ss Pontian, pope and Hyppolytus, St. Fachtna, **Thurs 14th** St. Maximillian Kolbe, **Fri 15th The ASSUMPTION OF THE BLESSED VIRGIN MARY, Sat 16th** St. Stephen of Hungary.

As a Parish Community, we offer our sincere sympathies to the family, friends and relatives **of Déirdre Galligan (née Tobin)** Caherdavin, Limerick, formerly Co Roscommon. Mother of Deacon Cathal Galligan, Corofin. **Margaret Martin (née Coyne)** Drumcondra, Dublin and formerly of Headford, Co. Galway)**.** May they rest in peace.

Trócaire: Thank you to all who donated to Trócaire this year, as a parish we raised €3065. If anyone has any Trócaire boxes at home or would like to add to the donation, we will issue another payment at the end of August.

Light a candle online: for those who are watching online, you can now light a candle on Churchtv.ie/Headford, anytime of the day or night.

Parish of Killursa & Killower

9th & 10th July 2025, Nineteenth Sunday in Ordinary Time

Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Online Streaming on Churchtv.ie/headford, churchtv.ie/claran or Headford Parish on Facebook

Mass Intentions for St. Mary's Church, Headford

Sat 9th	**7.00pm**	Dympna Mullins Months Mind Frank Corbett, Balrickard, 3rd Anniv. & his late wife Bridie RIP Maura O'Farrell RIP (M.C) Birthday Remembrance John & Jacinta Burke, Castleview
Sun 10th	**11.30am**	Paddy Joe Connell, Ballyfruit, (A) Fursey O'Connor, Ennis & Headford, (A)
Mon 11th	**10.00am**	Willie O'Brien (B.R.)
Fri 15th	**10.00am**	Nora O'Malley RIP (M.C.)
Sat 16th	**10.00am** **7.00pm**	Francis O'Reilly RIP (M.C.) Frances Martin, Gort Na Mona (A) Aiden Concannon (A) Sarah O'Connor, Marie O'Connor & their father Paddy O'Connor (A) Private Intention
Sun 17th	**11.30am**	Gerry Walsh, Carnakib, (A) Jim Donnellan 3rd Anniversary & remembering his son Seamus RIP Willie Duddy, Ballyconlought, (A) Paddy Joe Connell, Ballyfruit.(A)

Mass Intentions for St. Mary's Church, Claran

Sun 10th	**10.00am**	The People of the Parish Private Intention
Tue 12th	**9.30am**	Private Intention
Wed 13th	**9.30am**	Mary & Paddy Kyne, Mansfield, UK (A)
Thurs 14th	**7.00pm**	John & Nora Keady and their sons John & Paddy Owerbeg RIP.
Sun 17th	**10.00am**	The People of the Parish Kitty Lee, 4th Anniversary Michael Newell, Thomas Newell, Annaghkeen, (A)

Abbreviations: (A) Anniversary, **(P.I.)** Private Intention, **(S.I.)** Special Intention, **(M.C.)** Mass Card, **(B.R.)** Birthday Remembrance, **(G.W.)** Get Well/Healing, **(M.B)** Mass Bouquet.

Tuam and Killala Diocesan Pilgrimage to Lourdes, led by Archbishop Francis, August 29th., 6 nights, ex Ireland West (Knock) Airport. Contact 012410800 for details and booking.

Irish Catholic Newspaper: if you would like to receive a weekly copy of the Irish Catholic Newspaper (at €3 each) please contact Sharon 093 35448 in the office. Thank you to those who have paid their subscription this year, subscriptions can be paid in the office or put in the weekly basket.

Director David Kerr introduces *The Hills Are Alive: A Year at Kylemore Abbey,* a fascinating new three-part RTÉ documentary, exploring life at the iconic Connemara location, home to a Benedictine order of Nuns for the past 100 years. RTÉ One, Sundays at 18.30 from 10th to 24th August - catch up afterwards via RTÉ Player

The National Novena to Our Lady of Knock takes place from August 13th to 21st 2025. Daily Ceremonies with guest speakers at 3pm and 8pm. Workshops at 12.45pm each day. Themed guided prayer at 11.15am & 5.15pm. For more info. visit www.knockshrine.ie or call (094) 93 88100.

Adult Faith Formation: an introduction into the teachings, traditions and beliefs of the Catholic Church. If you are interested in becoming a Catholic or know someone who might be or would like to renew your faith, don't hesitate to contact the Parish Office, where we can provide you with more information and a registration form. Phone 093 35448 or email: info@headfordchurch.com or call into the office H91XA4A. A meeting will take place in September for those who register or express an interest.

ACN Pilgrimage to Knock: Papal charity Aid to the Church in Need Ireland invites people to join their national pilgrimage to Knock Shrine on Saturday August 30 to highlight the plight of Christians who suffer persecution for their faith in many parts of the world. Mass is in the basilica at 3pm – all welcome. For more info, see www.acnireland.org

Caherlistrane/Kilcoona Parish will hold a Mass in Dabhach Chuana (St. Cuana's well) on the Vigil of the Assumption of Our Lady Thursday August 14th at 7pm. Eircode H91HW8E. This special outdoor mass is a cherished tradition in the community, offering a beautiful opportunity to gather in prayer and reflection in a sacred and peaceful setting, as we honour Our Blessed Mother on the Vigil of her Assumption. All are welcome.

Tuam Cancer Care are running the 6 week CLIMB programme for children aged 6-12yrs, who are experiencing the impact of a parent's cancer diagnosis. Starting Tuesday 16th Sept, 5-6.30pm. Contact the Centre, on 093 28522, for more details.

Mary Lee's The Stranger, the dream, the bird: "Mary Lee's poetry collection is a deeply spiritual and contemplative work that offers hope and grace amid life's challenges". Last few remaining copies available in the parish office.

Men's Jubilee Camino/hike - Sat Sept 13th 20kms, on greenway, from Dominican abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on www.dominicans.ie/events/ . €70 (Lunch, dinner & bus), over 18's male event. Enquiries to op.evangelisation@gmail.com.

Altar Candles for 2026 can be booked in the parish office or phone 093 35448 email info@headfordchurch.com.

Lough Derg: Pilgrimages continue throughout August and September. One day retreats with guided prayer. For more information, please see CONTACT by email. info@loughderg.org / Tel. 0(0353) 719861518 www.loughderg.org Pettigo, Co Donegal. F94 PC60.

Holy Water: If anyone would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day.

ATU St. Angela's is inviting applicants to their Part-time Certificate in Religious Education for Primary School with online delivery. Closing date August 15th 2025, for more info contact: Ms Mary Kearns T:+353(0)71 9179624 E:mary.kearns@atu.ie.

Accord Marriage Care Service have launched their updated Marriage preparation course 'Marriage A Journey Not a Destination' Book today www.accord.ie, 01 5053112 or email marriagepreparation@accord.ie

Carlo Acutis God's Influencer: A Short Biography of Carlo Acutis **on sale in the parish office €10 each.** written by Fr. Michael Collins.

Lough Derg this August & September

- ***Three Day Pilgrimages continue until 15th August. (Last day to begin the pilgrimage 13th August)***

Admission €85. Concessions for Seniors, Students and Groups.

- ***One Day Retreats – Guided Days of Prayer and Reflection - places available on August 19th, 23rd, 24th, 25th, 30th, September 3rd, 6th, 7th, 9th, 13th, 20th, 21st***

National Sacred Heart Crusade – a Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 23rd, 24th & 25th August.
Canonisation of Blessed Carlo Acutis on Sun 7th September – special devotions and blessing with Carlo Acutis Relic.

Admission €50. Group discounts available. Advance Booking Essential

- ***Thursday 21st August to mark National Heritage Week 2025 Lough Derg offers a day to***

immerse yourself in the story and heritage of the ancient Sanctuary.
Guided Tour of Station Island and Boat Trip at 11am & 2:30pm.
Admission €15. Concessions for students, children & families. Advance Booking Essential

- ***Pilgrim Path Lake Shore Pilgrimage - In the footsteps of pilgrims through the centuries***

Sunday 31st August. Guided 8km & 12km walk options available. Admission €25. Advance Booking Essential

- ***Quiet Day Retreat – Come apart by yourself, and rest for a while –***

Friday 12th September. Admission €40 includes refreshments and lunch. Advance booking essential.

CONTACT by email. info@loughderg.org / Tel. 0(0353) 719861518
www.loughderg.org Pettigo, Co Donegal. F94 PC60

Kylemore Abbey Retreats 2025: **Centring Prayer Retreat** 15th – 17th August Led by Fiona Quinn OP. **Icon Writing Retreat** 24th August – 30th August 14th Sept – 20th September Tutor Dr. Lucho Alvarez. **Advent Preparation Retreat** 28th – 30th November led by the Benedictine community. From more information, please contact retreats@kylemoreabbey.ie or phone 095 52098.

Church Gate Collections: Anyone looking to organise a collection at the church gates must get a Garda Permit and notify the parish office in advance. It is advisable to check the date with the Parish office as collections are not recommended on certain dates e.g. Christmas, Easter…

Would you like to read at mass? Or help collect the baskets? We have a wonderful group of volunteers, but our numbers are dwindling, and more helps is always needed. If you'd like to find out more or put your name forward, please contact Sharon in the office on 093 35448 or info@headfordchurch.com or pop into the Sacristy after mass.

We kindly ask that you book anniversary Masses a good bit in advance (at least one month) rather than leaving it to short notice. We try to only take 4 intentions per weekend Masses & 1 for weekday masses & we ask that you be understanding if your preferred date is not available. ***Please note Mass times may need to be changed at short notice.***

Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers **nationwide. Contact 057 93** 70221 and hear how we can support you or view www.familycarers.ie.

Rainbows Group Support: As part of the supports we offer children and young people in Solas FRC, we are very pleased to be able to provide support for those who may have experienced a bereavement or family change following parental separation, through the introduction of the Rainbows Programmes. Meeting others of a similar age and in a similar situation can be very supportive and helpful for children and young people. If you are interested on behalf of your son or daughter, please email rainbows@solasfrc.ie or phone 086-2323433 for more information.

Seniorline is a confidential listening service for older people by trained older volunteers, Freephone 1800 80 45 91 Phone lines are open every day from 10am to 10pm, 365 days a year. As well as responding to individual callers, Seniorline advocates nationally for older people in Ireland, representing their needs, concerns and wishes to media, the general public, politicians and key stakeholders.

Chy3 Charity Donations Scheme: Thank you to all who support the Parish through this scheme. In 2024 we entered a new cycle with this donation scheme, and all forms (enduring certs) need to be resubmitted to the revenue commissioners. They are available at all exit doors of the church. Please take one and drop it back to the parish office or pop it in the collection basket at your earliest convenience.

It's still not too late to sign up. Please consider doing so as it is a substantial income for our Parish, and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information, contact the presbytery 093 35448. Again, sincere Thanks to you all for continued support.

Meals4Health a Social Enterprise of COPE Galway are looking for volunteers to deliver meals to their customers on Thursday mornings across Galway City or County area? Please contact 091 354000 for details.

Adult Faith Formation: sessions take place every Wednesday (from September onwards) in the new meeting room behind the parochial house 7.30 – 9pm. These enquiry sessions are suitable for adults who want to refresh their own Fatih, for adults who are considering joining the Catholic Faith community or adults seeking to join a church to call their own. It's an opportunity for us to accompany one another on our Faith journey. For more information, please contact the parish office 093 35448 or just show up. All are welcome.

Many Thanks to all who have sent in donations of Postage Stamps. These donations are forwarded on to Sr. Maria in the Mission Centre Dublin and help support the Missions in East Timor, Cuba and Indonesia.

Solas Family Support Drop-in Clinic: in conjunction with Tusla and Foroige are offering a Family Support Community Drop-In Clinic on the first Wednesday of every month. Contact John on 093-36446 or Eamonn on 086-1713384 for more information.

Parish Office. You can contact the office by phone or email, and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you; we are now able to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 2.00pm**

HopeSpace - a free support service for children and young people in Galway city and county who have been bereaved has opened recently. You can contact HopeSpace by phone at 091 342566, by email support@hopespace.ie or through the website at www.hopespace.ie. HopeSpace is only the second such service in Ireland (there is already a children's grief centre in Limerick). Please pass the word on and contact HopeSpace if you have any questions or need help.

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; **T.** 094 93 75032 E. counsellingoffice@knockshrine.ie.

Headford Adult Learning Centre: Abbey House, Unit 2, Main St, Headford, Co. Galway. Classes available in the following for beginners to level 3: Computers, iPads, and Smart Phone, Music Appreciation, Book Club, Communications, Digital Media, Climate Justice, Career Preparation. English for Speakers of Other Languages. Also help with Reading Writing and Spelling. Phone 093 34746, 093 26609 or call in to the Centre.

Bealach Nua: We are a recovery-oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288.

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Moveable Feasts in 2025/26

	2025	2026
Ash Wednesday	5th March	18th Feb
Good Friday	18th April	3rd April
Easter Sunday	20th April	5th April
Ascension	1st June	17th May
Pentecost	8th June	24th May
Trinity	15th June	31st May
Corpus Christi	22nd June	7th June
First Sunday of Advent	30th November	29th November