Mass Times may need to be changed at short notice. **Confessions**: By appointment.

Parish Office Hours 10am to **2pm** Monday – Friday.

Notices for Newsletter Deadline is 12noon on Wednesday. Email to **info@headfordchurch.com** **It is not always possible to publish all notices due to space, so parish takes preference.**

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, please phone the office if you would like to be included in the list 35448.

Adoration of the Blessed Sacrament Mon. 9.15 - 11am & 7-8pm and Tues 6.45 - 8pm in **St. Mary's Church Headford**
Tues 10-11am, Weds 10-11am and Thurs 6-7pm
St. Mary's Church, Claran.

Adoration Every Friday 3-4pm with Divine Mercy and Stations of the Cross. St. Mary's Church Headford. Also available on churchtv.ie & Facebook

Offertory Collection: in **Headford** €820 last weekend and in **Claran** €320**. Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. The Parish Safeguarding Policy is available on https://www.tuamarchdiocese.org/diocesan-safeguarding-policy/ Safeguarding Officers are PJ Newell and Maura Moran.

Altar Candle Intentions for September:
Headford: Pat & Mary Fahy, Slieveroe
Claran: Intentions of the Newell Family

Ministers for September Headford
Readers: Sat 7pm: Pat Duddy
Sun 11.30am:

Ministers of the Eucharist:
Sat. 7pm: Jimmy Sweeney, Mary Fahy
Sun 11.30am

Baskets: Sat 7pm Mary Fahy, Declan McDonagh Sun **11.30am** James Moran, Siobhan Waldron.

Ministers for September Claran
Readers: Breda Joyce
Minister of the Eucharist: Martina Lee & Marian Creaven

Feast Days: Mon 1st Sept. St. Giles, **Tues 2nd** St. William of Roskilde, **Weds 3rd** St. Gregory the Great, **Thurs 4th** St. Mac nissi, St. Cuthbert, F**ri 5th** St. Lawerence Giustiniani, St. Teresa of Kilkata, **Sat 6th** St. Bega, St. Eleutherius.

Trócaire: Thank you to all who donated to Trócaire this year, as a parish we raised €3065. If anyone has any Trócaire boxes at home or would like to add to the donation, we will be sending the final payment off on Friday the 5th of September. Thank You.

Light a candle online: for those who are watching online, you can now light a candle on Churchtv.ie/Headford, anytime of the day or night.

Back to School Prayer

God of wisdom and might,
we praise you for the wonder of our being,
for mind, body and spirit.
Be with our children as they begin
a new school year.
Bless them and their teachers and staff.
Give them strength and grace as their
bodies grow; wisdom and knowledge to
their minds as they search for
understanding; and peace
and zeal to their hearts.
We ask this through Jesus Christ our Lord.
Amen.

Parish of Killursa & Killower

30th & 31st August 2025, Twenty Second Sunday in Ordinary Time

Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Online Streaming on Churchtv.ie/headford, churchtv.ie/claran or Headford Parish on Facebook

Mass Intentions for St. Mary's Church, Headford

Sat 30th	**7.00pm**	Nora & Thomas Wynne, (A)
Sun 31st	**11.30am**	The People of the Parish Private Intention
Mon 1st Sept	**10.00am**	Private Intention
Fri 5th	**10.00am**	Irene Quinn RIP (M.C.)
Sat 6th	**10.00am** **7.00pm**	Sheila Gilroy (née Sommers) RIP (M.C.) Michael Hynes 7th Anniversary and the decd. of the Hynes & Cooney family. Helen & Frank Ryder, Anniversary Jack and MaryAnn McDonagh, Cloughanover, Anniv
Sun 7th	**11.30am**	Joe & Clare Croake, Mark & Agnes Shaughnessy. John O'Connor, High Street, Anniversary. Special Intention

Mass Intentions for St. Mary's Church, Claran

Sun 31st	**10.00am**	James Lee, Carnakib (A) Patsy Walsh, Millpark RIP
Tue 2nd	**9.30am**	Private Intention
Wed 3rd	**9.30am**	Mary Owens RIP (M.C.)
Sun 7th	**10.00am**	The People of the Parish Michael and Mary Lee, Annaghkeen, Anniv.

Abbreviations: (A) Anniversary, **(P.I.)** Private Intention, **(S.I.)** Special Intention, **(M.C.)** Mass Card, **(B.R.)** Birthday Remembrance, **(G.W.)** Get Well/Healing, **(M.B)** Mass Bouquet.

First Friday Novena to the Sacred Heart & Divine Mercy Chaplet: Headford Church Friday the 5th of September 9-10am followed by Mass.

Frist Saturday Devotions to Our Lady of Fatima: Headford Church Saturday the 6th of September 9-10am followed by Mass.

First Friday Calls to the sick and the housebound: will be announced at masses over the coming days.

Irish Catholic Newspaper: Please note that the Irish Catholic Newspaper will now cost €3.50each. If you would like to receive a weekly copy please contact Sharon 093 35448 in the office. Thank you to those who have paid their subscription this year, subscriptions can be paid in the office or put in the weekly basket.

Headford Camera Club: - Photo Competition 'Moments that reflect the beauty, culture or landscape of Headford & the surrounding area's'. Closing date Sept 30th for more information email: hccphotocomp@gmail.com.

Finance Meeting will take place on Tuesday the 2nd of September at 7.30pm in the new meeting room behind the Parochial House.

Cloughanover NS will reopen on Monday September 1st at 8:40am.
We look forward to welcoming all children back to school, particularly our new Junior Infants.

The September Mini Vigil takes place at Knock Shrine on Friday evening, September 5th. Confessions are available from 8pm to 9pm. The vigil takes place in Knock Parish Church from 9pm to Midnight. All are welcome.

Autumn Dues: which go toward the priests of the parish will be collected at all masses on the 14th of September. There are spare envelopes at the back of the church for those that do not have an offertory box.

Fun Dance Classes offered at Cloughanover Hall! Kids/Adults/Couples, Line Dancing/Latin & more. For info, please call Amanda 089 984 1752.

Child & Adolescent Counselling Service provides a professional and confidential counselling service to children and adolescents. Our experienced and supportive counsellors work with young people to help them navigate difficult emotions, improve communication skills and develop healthy coping mechanisms. If you know of someone who could benefit from our service, please contact us at 0949375032.

Do you feel called to seek God in prayer & contemplation, monastic work, and community life? The Cistercian community at St Mary's Abbey, Glencairn invites single women aged 19–40 to our upcoming MONASTIC VOCATIONS WEEKEND 24th-27th October 2025 Please contact our Vocation Director, Sr Mairéad, at vocations@glencairnabbey.org Visit www.glencairnabbey.org for more details.

Women's Health Day: Solas Family Resource Centre is organising a FREE WOMEN'S HEALTH DAY on Wednesday 10th September 2025 in St Fursa's Hall Headford from 10am – 2pm. Services available include The Marie Keating Foundation, Croi Heart Foundation, Solas Counselling Service, Tuam Cancer Care, Galway Rural Development, Mental Health Ireland, Pieta House, An Garda Siochana, Domestic Violence Response, Chime (Deaf Hear) Sexual Health West and numerous other services. Have your Blood Pressure and Diabetes Tests done for free on the day. Free HIV testing provided by Sexual Health West. and hearing test provided by Chime. Advice and Information on how best to look after our Mental Health from Mental Health Ireland, Pieta House staff and Solas Counselling staff**.**

Parents Information Evening: for 5th or 6th year in secondary school. Information regarding their future choices. From CAO to Study Skills, the event will provide parents with the necessary information to support your child. The evening takes place in Lola Donoghue's Art Gallery on the 11th of September from 7.30-9.00pm. It costs €15, however proceeds go to Shrule Village Enhancement/Tidy Towns. Contact Jennifer Kearns for more information on 087-2477210 or book directly https://buytickets.at/careerguidancejenniferkearns/1806708

Dementia cafe continues on the first Tuesday of every month in Tacu Resource Centre in Ballinrobe from 11am -12.30pm. The next one is on the 2nd of September and guest speaker will be a social worker talking about Safegaurding issues. All welcome and refreshments served on the day.

Traditional Set Dancing Classes – Kilmaine Hall Starting Thurs, 18th Sept. at 8:30pm. Join us for lively evenings of Traditional Set Dancing — open to both beginners and advanced dancers. For more details, contact Michael Cusack 087 411 4749.

Adult Faith Formation: an introduction into the teachings, traditions and beliefs of the Catholic Church. If you are interested in becoming a Catholic or know someone who might be or would like to renew your faith, don't hesitate to contact the Parish Office, where we can provide you with more information and a registration form. Phone 093 35448 or email: info@headfordchurch.com or call into the office H91XA4A. **The first meeting will take place in the new meeting room behind the parochial house on Wednesday the 3rd of September at 7.30pm.**

Poor Clares Galway, Monastic Experience Day for women 18-35. An opportunity to explore and experience Poor Clare life and spirituality. The event will take place from 10am to 5pm on Saturday the 6th of September. Contact: events@poorclares.ie to register. For more information: poorclares.ie/monastic-experience-days

WorkAbility Event: The East Galway WorkAbility Programme are holding an employer event in the Claregalway Hotel on Tuesday week, the 2nd of September, from 10am to 11am. The aim of the event is to inform employers of the benefits of employing someone with a disability and to raise awareness of the needs of people with a disability in the workplace. For more details, please email japplegate@grd.ie.

Tuam Cancer Care are running the 6 week CLIMB programme for children aged 6-12yrs, who are experiencing the impact of a parent's cancer diagnosis. Starting Tuesday 16th Sept, 5-6.30pm. Contact the Centre, on 093 28522, for more details.

Mary Lee's The Stranger, the dream, the bird: "Mary Lee's poetry collection is a deeply spiritual and contemplative work that offers hope and grace amid life's challenges". Last few remaining copies available in the parish office.

Church Gate Collections: Anyone looking to organise a collection at the church gates must get a Garda Permit and notify the parish office in advance. It is advisable to check the date with the Parish office as collections are not recommended on certain dates e.g. Christmas, Easter…

Men's Jubilee Camino/hike - Sat Sept 13th 20kms, on greenway, from Dominican abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on www.dominicans.ie/events/ . €70 (Lunch, dinner & bus), over 18's male event. Enquiries to op.evangelisation@gmail.com.

Lough Derg: Pilgrimages continue throughout August and September. One day retreats with guided prayer. For more information, please see CONTACT by email. info@loughderg.org / Tel. 0(0353) 719861518 www.loughderg.org Pettigo, Co Donegal. F94 PC60.

Accord Marriage Care Service have launched their updated Marriage preparation course 'Marriage A Journey Not a Destination' Book today www.accord.ie, 01 5053112 or email marriagepreparation@accord.ie

Many Thanks to all who have sent in donations of Postage Stamps. These donations are forwarded on to Sr. Maria in the Mission Centre Dublin and help support the Missions in East Timor, Cuba and Indonesia.

Lough Derg this August & September

- ***Three Day Pilgrimages continue until 15th August. (Last day to begin the pilgrimage 13th August)***

Admission €85. Concessions for Seniors, Students and Groups.

- ***One Day Retreats – Guided Days of Prayer and Reflection - places available on August 19th, 23rd, 24th, 25th, 30th, September 3rd, 6th, 7th, 9th, 13th, 20th, 21st***

National Sacred Heart Crusade – a Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 23rd, 24th & 25th August. Canonisation of Blessed Carlo Acutis on Sun 7th September – special devotions and blessing with Carlo Acutis Relic.

Admission €50. Group discounts available. Advance Booking Essential

- ***Thursday 21st August to mark National Heritage Week 2025 Lough Derg offers a day to***

immerse yourself in the story and heritage of the ancient Sanctuary. Guided Tour of Station Island and Boat Trip at 11am & 2:30pm. Admission €15. Concessions for students, children & families. Advance Booking Essential

- ***Pilgrim Path Lake Shore Pilgrimage - In the footsteps of pilgrims through the centuries***

Sunday 31st August. Guided 8km & 12km walk options available. Admission €25. Advance Booking Essential

- ***Quiet Day Retreat – Come apart by yourself, and rest for a while –***

Friday 12th September. Admission €40 includes refreshments and lunch. Advance booking essential.

CONTACT by email. info@loughderg.org / Tel. 0(0353) 719861518 www.loughderg.org Pettigo, Co Donegal. F94 PC60

Kylemore Abbey Retreats 2025: **Centring Prayer Retreat** 15th – 17th August Led by Fiona Quinn OP. **Icon Writing Retreat** 24th August – 30th August 14th Sept – 20th September Tutor Dr. Lucho Alvarez. **Advent Preparation Retreat** 28th – 30th November led by the Benedictine community. From more information, please contact retreats@kylemoreabbey.ie or phone 095 52098.

Would you like to read at mass? Or help collect the baskets? We have a wonderful group of volunteers, but our numbers are dwindling, and more helps is always needed. If you'd like to find out more or put your name forward, please contact Sharon in the office on 093 35448 or info@headfordchurch.com or pop into the Sacristy after mass.

We kindly ask that you book anniversary Masses a good bit in advance (at least one month) rather than leaving it to short notice. We try to only take 4 intentions per weekend Masses & 1 for weekday masses & we ask that you be understanding if your preferred date is not available. ***Please note Mass times may need to be changed at short notice.***

Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers **nationwide. Contact 057 93** 70221 and hear how we can support you or view www.familycarers.ie.

Rainbows Group Support: As part of the supports we offer children and young people in Solas FRC, we are very pleased to be able to provide support for those who may have experienced a bereavement or family change following parental separation, through the introduction of the Rainbows Programmes. Meeting others of a similar age and in a similar situation can be very supportive and helpful for children and young people. If you are interested on behalf of your son or daughter, please email rainbows@solasfrc.ie or phone 086-2323433 for more information.

Seniorline is a confidential listening service for older people by trained older volunteers, Freephone 1800 80 45 91 Phone lines are open every day from 10am to 10pm, 365 days a year. As well as responding to individual callers, Seniorline advocates nationally for older people in Ireland, representing their needs, concerns and wishes to media, the general public, politicians and key stakeholders.

Chy3 Charity Donations Scheme: Thank you to all who support the Parish through this scheme. In 2024 we entered a new cycle with this donation scheme, and all forms (enduring certs) need to be resubmitted to the revenue commissioners. They are available at all exit doors of the church. Please take one and drop it back to the parish office or pop it in the collection basket at your earliest convenience.

It's still not too late to sign up. Please consider doing so as it is a substantial income for our Parish, and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information, contact the presbytery 093 35448. Again, sincere Thanks to you all for continued support.

Meals4Health a Social Enterprise of COPE Galway are looking for volunteers to deliver meals to their customers on Thursday mornings across Galway City or County area? Please contact 091 354000 for details.

Solas Family Support Drop-in Clinic: in conjunction with Tusla and Foroige are offering a Family Support Community Drop-In Clinic on the first Wednesday of every month. Contact John on 093-36446 or Eamonn on 086-1713384 for more information.

Parish Office. You can contact the office by phone or email, and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you; we are now able to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 2.00pm**

HopeSpace - a free support service for children and young people in Galway city and county who have been bereaved has opened recently. You can contact HopeSpace by phone at 091 342566, by email support@hopespace.ie or through the website at www.hopespace.ie. HopeSpace is only the second such service in Ireland (there is already a children's grief centre in Limerick). Please pass the word on and contact HopeSpace if you have any questions or need help.

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; **T.** 094 93 75032 E. counsellingoffice@knockshrine.ie.

Headford Adult Learning Centre: Abbey House, Unit 2, Main St, Headford, Co. Galway. Classes available in the following for beginners to level 3: Computers, iPads, and Smart Phone, Music Appreciation, Book Club, Communications, Digital Media, Climate Justice, Career Preparation. English for Speakers of Other Languages. Also help with Reading Writing and Spelling. Phone 093 34746, 093 26609 or call in to the Centre.

Bealach Nua: We are a recovery-oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288.

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Moveable Feasts in 2025/26

	2025	2026
Ash Wednesday	5th March	18th Feb
Good Friday	18th April	3rd April
Easter Sunday	20th April	5th April
Ascension	1st June	17th May
Pentecost	8th June	24th May
Trinity	15th June	31st May
Corpus Christi	22nd June	7th June
First Sunday of Advent	30th November	29th November