Mass Times may need to be changed at short notice. **Confessions:** By appointment.

Parish Office Hours 10am to **2pm** Monday – Friday.

Notices for Newsletter Deadline is 12noon on Wednesday. Email to **info@headfordchurch.com** **It is not always possible to publish all notices due to space, so parish takes preference.**

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, please phone the office if you would like to be included in the list 35448.

Adoration of the Blessed Sacrament Mon. 9.15 - 11am & 7-8pm and Tues 6.45 - 8pm in **St. Mary's Church Headford**
Tues 10-11am, Weds 10-11am and Thurs 6-7pm
St. Mary's Church, Claran.

Adoration Every Friday 3-4pm with Divine Mercy and Stations of the Cross. St. Mary's Church Headford. Also available on churchtv.ie & Facebook

Offertory Collection: in **Headford** €1020 last weekend and in **Claran** €575**. Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. The Parish Safeguarding Policy is available on https://www.tuamarchdiocese.org/diocesan-safeguarding-policy/ Safeguarding Officers are PJ Newell and Maura Moran.

Altar Candle Intentions for August:
Headford: Private Intention
Claran: Private Intention

Ministers for August Headford
Readers: Sat 9th Sr. Annemaria
Sat 16th Pat Duddy, **Sat 23rd** Philomena Jacques, **Sat 30th**

Sun 11.30am: 10th & 31st Amanda O'Connell **Sun 17th& 24th** Siobhan Waldron

Ministers of the Eucharist:
Sat. 7pm: Bernie Sweeney
Sun 11.30am Siobhan Waldron & Ina Curran

Baskets: Sat 7pm Sun 11.30am James Moran, Siobhan Waldron.

Ministers for August Claran
Readers: Nora Darcy
Minister of the Eucharist: May Kenny & Helena Hastings

As a Parish Community we would like to sympathise with the family, friends and relatives of **Annie Toher (née Keady)** Owerbeg, Claran. May she rest in peace.

Feast Days: Mon 25th St. Joseph Calasanz, St. Louis of France, **Tues 26th** Bl. Dominic of the Mother of God, Priest St. David Lewis, **Weds 27th** St. Monica, **Thurs 28th** St. Augustine, **Fri 29th** The Beheading of Saint John the Baptist, **Sat 30th** St. Fiacre, Ss Margaret Clitherow, Anne Line and Margaret Ward.

Trócaire: Thank you to all who donated to Trócaire this year, as a parish we raised €3065. If anyone has any Trócaire boxes at home or would like to add to the donation, we will issue another payment at the end of August.

Light a candle online: for those who are watching online, you can now light a candle on Churchtv.ie/Headford, anytime of the day or night.

Parish Office: The parish office will be closed for summer break on the 25th - 28th of August.

Parish of Killursa & Killower

23rd & 24th August 2025, Twenty First Sunday in Ordinary Time

Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Online Streaming on Churchtv.ie/headford, churchtv.ie/claran or Headford Parish on Facebook

Mass Intentions for St. Mary's Church, Headford

Sat 23rd	**7.00pm**	Nora, Jack, Joe Gibsey, Patsy Murphy & the deceased of the Gibsey family.
Sun 24th	**11.30am**	Sheila Concannon, Spiddal, RIP Joe Shortt (B.R.)
Mon 25th	**10.00am**	Joe Owens RIP (M.C.)
Fri 29th	**10.00am**	Private Intention
Sat 30th	**10.00am** **7.00pm**	John Burke, Castleview, (A) Nora & Thomas Wynne, (A)
Sun 31st	**11.30am**	The People of the Parish Private Intention

Mass Intentions for St. Mary's Church, Claran

Sun 24th	**10.00am**	The People of the Parish Eileen Walsh, 1st Anniversary, Flynn St. Claran
Tue 26th	**9.30am**	Private Intention
Wed 27th	**9.30am**	Private Intention
Sun 31st	**10.00am**	James Lee, Carnakib (A) Patsy Walsh, Millpark RIP

Abbreviations: (A) Anniversary, **(P.I.)** Private Intention, **(S.I.)** Special Intention, **(M.C.)** Mass Card, **(B.R.)** Birthday Remembrance, **(G.W.)** Get Well/Healing, **(M.B)** Mass Bouquet.

Irish Catholic Newspaper: if you would like to receive a weekly copy of the Irish Catholic Newspaper (at €3 each) please contact Sharon 093 35448 in the office. Thank you to those who have paid their subscription this year, subscriptions can be paid in the office or put in the weekly basket.

Headford Camera Club: - Photo Competition 'Moments that reflect the beauty, culture or landscape of Headford & the surrounding area's'. Closing date Sept 30th for more information email: hccphotocomp@gmail.com.

Claran NS will reopen on Wednesday the 27th of August 2025 at 8.50am. We look forward to welcoming all the children back to school after the summer break.

Clydagh National School will reopen on Wednesday, August 27th at 8:50 am. We look forward to welcoming all our pupils back and extend a very warm welcome to our new Junior Infants starting their school journey with us.

Finance Meeting will take place on Tuesday the 2nd of September at 7.30pm in the new meeting room behind the Parochial House.

Fun Dance Classes offered at Cloughanover Hall! Kids/Adults/Couples... Line Dancing/Latin & more... For more info please call Amanda 089 984 1752

Burren Outdoor Retreat: 5th to 7th September. A guided 3-day journey to some of the most secret and sacred places in the Burren. Let the beauty of this amazing landscape renew you in body and soul. Enquiries: Mary 087 970 1130/booking: Noirin 087 447 9115.

Women's Health Day: Solas Family Resource Centre is organising a FREE WOMEN'S HEALTH DAY on Wednesday 10th September 2025 in St Fursa's Hall Headford from 10am – 2pm. Services available include The Marie Keating Foundation, Croi Heart Foundation, Solas Counselling Service, Tuam Cancer Care, Galway Rural Development, Mental Health Ireland, Pieta House, An Garda Siochana, Domestic Violence Response, Chime (Deaf Hear) Sexual Health West and numerous other services. Have your Blood Pressure and Diabetes Tests done for free on the day. Free HIV testing provided by Sexual Health West. and hearing test provided by Chime. Advice and Information on how best to look after our Mental Health from Mental Health Ireland, Pieta House staff and Solas Counselling staff**.**

Holy Water: If anyone would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day.

Parents Information Evening: for 5th or 6th year in secondary school. Information regarding their future choices. From CAO to Study Skills, the event will provide parents with the necessary information to support your child. The evening takes place in Lola Donoghue's Art Gallery on the 11th of September from 7.30-9.00pm. It costs €15, however proceeds go to Shrule Village Enhancement/Tidy Towns. Contact Jennifer Kearns for more information on 087-2477210 or book directly https://buytickets.at/careerguidancejenniferkearns/1806708

Dementia cafe continues on the first Tuesday of every month in Tacu Resource Centre in Ballinrobe from 11am -12.30pm. The next one is on the 2nd of September and guest speaker will be a social worker talking about Safegaurding issues. All welcome and refreshments served on the day.

Traditional Set Dancing Classes – Kilmaine Hall Starting Thurs, 18th Sept. at 8:30pm. Join us for lively evenings of Traditional Set Dancing — open to both beginners and advanced dancers. For more details, contact Michael Cusack 087 411 4749.

Adult Faith Formation: an introduction into the teachings, traditions and beliefs of the Catholic Church. If you are interested in becoming a Catholic or know someone who might be or would like to renew your faith, don't hesitate to contact the Parish Office, where we can provide you with more information and a registration form. Phone 093 35448 or email: info@headfordchurch.com or call into the office H91XA4A. **The first meeting will take place in the new meeting room behind the parochial house on Wednesday the 3rd of September at 7.30pm.**

Poor Clares Galway, Monastic Experience Day for women 18-35. An opportunity to explore and experience Poor Clare life and spirituality. The event will take place from 10am to 5pm on Saturday the 6th of September. Contact: events@poorclares.ie to register. For more information: poorclares.ie/monastic-experience-days

Coolarne Sports and Open Day 2025: will take place on Sunday 31st August 2025 @ 2pm on the grounds of Cuan Mhuire, Coolarne, Turloughmore, Co. Galway. All the usual events will take place. There will be a Dress Sale with dresses galore for all occasions at bargain prices, Arts, Crafts and Pottery, Bric-A-Brac, Plants, and lots more. There will be many side shows and novelty competitions with an array of prizes to be won.
In the afternoon there will be free children's sports for all age groups with lots of medals to be won. This is a great social event with something for all the family young and old. We look forward to seeing you al on the day. All are welcome. The Eir Code is H65 YW98

WorkAbility Event: The East Galway WorkAbility Programme are holding an employer event in the Claregalway Hotel on Tuesday week, the 2nd of September, from 10am to 11am. The aim of the event is to inform employers of the benefits of employing someone with a disability and to raise awareness of the needs of people with a disability in the workplace. For more details, please email japplegate@grd.ie.

Tuam Cancer Care are running the 6 week CLIMB programme for children aged 6-12yrs, who are experiencing the impact of a parent's cancer diagnosis. Starting Tuesday 16th Sept, 5-6.30pm. Contact the Centre, on 093 28522, for more details.

Mary Lee's The Stranger, the dream, the bird: "Mary Lee's poetry collection is a deeply spiritual and contemplative work that offers hope and grace amid life's challenges". Last few remaining copies available in the parish office.

Church Gate Collections: Anyone looking to organise a collection at the church gates must get a Garda Permit and notify the parish office in advance. It is advisable to check the date with the Parish office as collections are not recommended on certain dates e.g. Christmas, Easter…

Men's Jubilee Camino/hike - Sat Sept 13th 20kms, on greenway, from Dominican abbey (ruin) in Carlingford to Newry (St Catherine's) via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on www.dominicans.ie/events/ . €70 (Lunch, dinner & bus), over 18's male event. Enquiries to op.evangelisation@gmail.com.

Lough Derg: Pilgrimages continue throughout August and September. One day retreats with guided prayer. For more information, please see CONTACT by email. info@loughderg.org / Tel. 0(0353) 719861518 www.loughderg.org Pettigo, Co Donegal. F94 PC60.

Accord Marriage Care Service have launched their updated Marriage preparation course 'Marriage A Journey Not a Destination' Book today www.accord.ie, 01 5053112 or email marriagepreparation@accord.ie

Many Thanks to all who have sent in donations of Postage Stamps. These donations are forwarded on to Sr. Maria in the Mission Centre Dublin and help support the Missions in East Timor, Cuba and Indonesia.

Lough Derg this August & September

- ***Three Day Pilgrimages continue until 15th August. (Last day to begin the pilgrimage 13th August)***

Admission €85. Concessions for Seniors, Students and Groups.

- ***One Day Retreats – Guided Days of Prayer and Reflection - places available on August 19th, 23rd, 24th, 25th, 30th, September 3rd, 6th, 7th, 9th, 13th, 20th, 21st***

National Sacred Heart Crusade – a Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 23rd, 24th & 25th August. Canonisation of Blessed Carlo Acutis on Sun 7th September – special devotions and blessing with Carlo Acutis Relic.

Admission €50. Group discounts available. Advance Booking Essential

- ***Thursday 21st August to mark National Heritage Week 2025 Lough Derg offers a day to***

immerse yourself in the story and heritage of the ancient Sanctuary. Guided Tour of Station Island and Boat Trip at 11am & 2:30pm. Admission €15. Concessions for students, children & families. Advance Booking Essential

- ***Pilgrim Path Lake Shore Pilgrimage - In the footsteps of pilgrims through the centuries***

Sunday 31st August. Guided 8km & 12km walk options available. Admission €25. Advance Booking Essential

- ***Quiet Day Retreat – Come apart by yourself, and rest for a while –***

Friday 12th September. Admission €40 includes refreshments and lunch. Advance booking essential.

CONTACT by email. info@loughderg.org / Tel. 0(0353) 719861518 www.loughderg.org Pettigo, Co Donegal. F94 PC60

Kylemore Abbey Retreats 2025: **Centring Prayer Retreat** 15th – 17th August Led by Fiona Quinn OP. **Icon Writing Retreat** 24th August – 30th August 14th Sept – 20th September Tutor Dr. Lucho Alvarez. **Advent Preparation Retreat** 28th – 30th November led by the Benedictine community. From more information, please contact retreats@kylemoreabbey.ie or phone 095 52098.

Would you like to read at mass? Or help collect the baskets? We have a wonderful group of volunteers, but our numbers are dwindling, and more helps is always needed. If you'd like to find out more or put your name forward, please contact Sharon in the office on 093 35448 or info@headfordchurch.com or pop into the Sacristy after mass.

We kindly ask that you book anniversary Masses a good bit in advance (at least one month) rather than leaving it to short notice. We try to only take 4 intentions per weekend Masses & 1 for weekday masses & we ask that you be understanding if your preferred date is not available. ***Please note Mass times may need to be changed at short notice.***

Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers **nationwide. Contact 057 93** 70221 and hear how we can support you or view www.familycarers.ie.

Rainbows Group Support: As part of the supports we offer children and young people in Solas FRC, we are very pleased to be able to provide support for those who may have experienced a bereavement or family change following parental separation, through the introduction of the Rainbows Programmes. Meeting others of a similar age and in a similar situation can be very supportive and helpful for children and young people. If you are interested on behalf of your son or daughter, please email rainbows@solasfrc.ie or phone 086-2323433 for more information.

Seniorline is a confidential listening service for older people by trained older volunteers, Freephone 1800 80 45 91 Phone lines are open every day from 10am to 10pm, 365 days a year. As well as responding to individual callers, Seniorline advocates nationally for older people in Ireland, representing their needs, concerns and wishes to media, the general public, politicians and key stakeholders.

Chy3 Charity Donations Scheme: Thank you to all who support the Parish through this scheme. In 2024 we entered a new cycle with this donation scheme, and all forms (enduring certs) need to be resubmitted to the revenue commissioners. They are available at all exit doors of the church. Please take one and drop it back to the parish office or pop it in the collection basket at your earliest convenience.

It's still not too late to sign up. Please consider doing so as it is a substantial income for our Parish, and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information, contact the presbytery 093 35448. Again, sincere Thanks to you all for continued support.

Meals4Health a Social Enterprise of COPE Galway are looking for volunteers to deliver meals to their customers on Thursday mornings across Galway City or County area? Please contact 091 354000 for details.

Solas Family Support Drop-in Clinic: in conjunction with Tusla and Foroige are offering a Family Support Community Drop-In Clinic on the first Wednesday of every month. Contact John on 093-36446 or Eamonn on 086-1713384 for more information.

Parish Office. You can contact the office by phone or email, and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you; we are now able to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 2.00pm**

HopeSpace - a free support service for children and young people in Galway city and county who have been bereaved has opened recently. You can contact HopeSpace by phone at 091 342566, by email support@hopespace.ie or through the website at www.hopespace.ie.

HopeSpace is only the second such service in Ireland (there is already a children's grief centre in Limerick). Please pass the word on and contact HopeSpace if you have any questions or need help.

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; **T.** 094 93 75032 E. counsellingoffice@knockshrine.ie.

Headford Adult Learning Centre: Abbey House, Unit 2, Main St, Headford, Co. Galway. Classes available in the following for beginners to level 3: Computers, iPads, and Smart Phone, Music Appreciation, Book Club, Communications, Digital Media, Climate Justice, Career Preparation. English for Speakers of Other Languages. Also help with Reading Writing and Spelling. Phone 093 34746, 093 26609 or call in to the Centre.

Bealach Nua: We are a recovery-oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288.

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Moveable Feasts in 2025/26

	2025	2026
Ash Wednesday	5th March	18th Feb
Good Friday	18th April	3rd April
Easter Sunday	20th April	5th April
Ascension	1st June	17th May
Pentecost	8th June	24th May
Trinity	15th June	31st May
Corpus Christi	22nd June	7th June
First Sunday of Advent	30th November	29th November