Mass Times may need to be changed at short notice. **Confessions**: By appointment.

Parish Office Hours 10am to **2pm** Monday – Friday.

Notices for Newsletter Deadline is 12noon on Wednesday. Email to **info@headfordchurch.com** **It is not always possible to publish all notices due to space, so parish takes preference.**

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, please phone the office if you would like to be included in the list 35448.

Adoration of the Blessed Sacrament Mon. 9.15 - 11am & 7-8pm and Tues 6.45 - 8pm in **St. Mary's Church Headford**
Tues 10-11am, Weds 10-11am and Thurs 6-7pm
St. Mary's Church, Claran.

Adoration Every Friday 3-4pm with Divine Mercy and Stations of the Cross. St. Mary's Church Headford. Also available on churchtv.ie & Facebook

Offertory Collection: in **Headford** €975 last weekend and in **Claran** €710**. Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. The Parish Safeguarding Policy is available on https://www.tuamarchdiocese.org/diocesan-safeguarding-policy/ Safeguarding Officers are PJ Newell and Maura Moran.

Altar Candle Intentions for February: Headford Intentions of the Creaven & Somers families **Claran**: Intentions of the Greaney family, Carheens

Ministers for February Headford
Readers: Sat 7pm Fintan O'Malley
Sun 10am: Josie O'Malley
Sun 11.30am: Siobhan Waldron
Ministers of the Eucharist: Sat. 7pm: Eamon Walsh **Sun 10am:** Martina Lee & Marian Creaven **Sun 11.30am** Ina Curran, Siobhan Waldron
Baskets: Sat 7pm Mary Fahy, Declan McDonagh. **Sun 11.30am** Andy Curran, Redmond Newell

Feast Days: Mon 10th St. Scholastica, **Tues 11th Our Lady of Lourdes**, Saint Gobnait, **Weds 12th** St. Damian, **Thurs 13th** St. Catherine of Ricci, **Fri 14th** Ss Cyril, **Sat 15th** St. Sigfrid of Vaxjo.

Light a candle online: for those who are watching online, you can now light a candle on Churchtv.ie/Headford, anytime of the day or night.

Our Lady of Lourdes
Prayer for healing

O ever-Immaculate Virgin,
Mother of Mercy, health of the sick, refuge of sinners, comforter of the afflicted, you know my wants, my troubles,
my sufferings; look with mercy on me.

By appearing in the Grotto of Lourdes, you were pleased to make it a privileged sanctuary, whence you dispense your favours; and already many sufferers have obtained the cure of their infirmities, both spiritual and corporal.

I come, therefore, with complete confidence to implore your maternal intercession. Obtain, O loving Mother, the grant of my requests.
(mention your petition)

Through gratitude for your favours,
I will endeavour to imitate your virtues,
that I may one day share your glory,
and bless you in eternity. Amen

Parish of Killursa & Killower

8th & 9th February 2025, Fifth Sunday in Ordinary Time
Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Online Streaming on Churchtv.ie/headford, churchtv.ie/claran or Headford Parish on Facebook

Mass Intentions for St. Mary's Church, Headford & Claran

Sat 8th	**7.00pm**	Pat O'Shea, Bridge St. Anniv Kieran Biggins, 9th Anniv. Liam Lee, Culleen, Anniv
Sun 9th	**11.30am**	Paddy O'Brien, Culleen, 1st Anniversary Peter and Loretta Woodgate, Anniversary Joe McCauley, 11th Anniversary
Mon 10th	**9.30am**	Get Well Mass
Fri 14th	**10.00am**	No Mass
Sat 15h	**10.00am** **7.00pm**	No Mass PJ Monaghan, Main St, Anniversary Nora Gleeson, Bridge St. 2nd Anniversary Mary, Charles and Peter Golden & the decd. of the Golden family.
Sun 16th	**11.30am**	'Do this in Memory' Mass Frank Dooley, Clooneen, 8th Anniversary Private Intention

Mass Intentions for St. Mary's Church, Claran

Sun 9th	**10.00am**	Kathleen Fahy, 2nd Anniv. and the decd. members of the Fahy and Mc Evaddy Family.
Tues 11th	**9.30am**	No Mass
Weds 12th	**9.30am**	No Mass
Sun 16th	**10.00am**	'Do this in Memory' Mass Maureen Lydon, 3rd Anniversary Private Intention

Cloughanover NS: Enrolments for September 2025 open until February 19th. An open morning will be held after Easter. Enrolment forms are available by emailing cloughanoverschool@gmail.com For more info call 093 35315.

Headford Primary School Reminder: Closing Date for Enrolment for new entrants to Headford Primary School is 19/02/2025. Forms are available on our website www.headfordns.ie or by emailing the school office at info@headfordns.ie

Galway Cathedrals 41st Annual Novena to Our Lady of Perpetual Help: starts on Monday the 17th of February until Tuesday 25th February. Mass times Mon – Sat 11am, 1.10pm & 7.30pm. Sunday 10.30am, 12.30pm, 3pm and 6pm. Guided Holy Hour by Candlelight Nightly (expect Sat & Sun) 8.30pm to 9.30pm.

"Live Life to the Full" National Youth Retreat at Knock Shrine. On May 8th students from all over the country will gather in Knock Shrine to celebrate the life of Donal Walsh and to reflect on his message - to 'Live Life!'. If you are interested in learning more about the day or registering a group, please email youthministry@knockshrine.ie.Whisper of God'

God's Influencer: A Short Biography of Carlo Acutis on sale in the parish office €10 each. 'Carlo Acutis' life was cut short in his early teens. His religious faith and sensitivity to sick people and people living with money problems shows a young man mature before his age. As his story unfolded, people both in Italy and across the globe learned of an extraordinary young man who achieved much and influenced many. In time he became known as Gods Influencer' written by Fr. Michael Collins.

Adult Faith Formation: sessions take place every Wednesday in the new meeting room behind the parochial house 7.30 – 9pm. These enquiry sessions are suitable for adults who want to refresh their own Fatih, for adults who are considering joining the Catholic Faith community or adults seeking to join a church to call their own. It's an opportunity for us to accompany one another on our Faith journey. For more information, please contact the parish office 093 35448 or just show up. All are welcome.

Easter Triduum Retreat: Come and stay for 3 nights with the Benedictine Community of Kylemore Abbey to learn about and celebrate the Easter Triduum. Arrive Holy Thursday, April 17th between 4pm and 5.30pm Depart after Easter Sunday Mass, April 20th. Three nights' accommodation and meals for €150. For more information or for bookings please email retreats@kylemoreabbey.ie or call +353 95 52098.

Overnight Residential Retreat *'Picking up my pen...Finding God in writing'* with Moira McDowall and Deirdre Rowe Saturday 22nd and Sunday 23rd February 2025 in Knock Youth Village Retreat Accommodation, Fully residential retreat. Cost: €200 per person (includes ensuite accommodation on full board basis). Limited places are still available. For bookings and enquiries, please contact Nicola Mitchell at Knock Shrine Email: faithrenewal@knockshrine.ie Telephone: 094 93 88100

Seniorline is a confidential listening service for older people by trained older volunteers, Freephone 1800 80 45 91 Phone lines are open every day from 10am to 10pm, 365 days a year. As well as responding to individual callers, Seniorline advocates nationally for older people in Ireland, representing their needs, concerns and wishes to media, the general public, politicians and key stakeholders.

Pastoral Council Dec 2024-Dec2027 Thank you to everyone who voted and contributed towards the selection of the new Parish Pastoral Council. From the names put forward the below have accepted to their nominations. **Claran Church:** Michelle Kenny, Martin Langan, Helena Hastings & Alan Daveron. **Headford Church:** Deirdre King, John Devlin, Mary Fahy & Tom Corbett. ***The first meeting of the Parish Pastoral Council will take place on Tuesday the 25th March at 7.30pm in the new parish meeting room.***

We kindly ask that you book anniversary Masses a good bit in advance (at least a month) rather than leaving to short notice. We try to only take 4 intentions per weekend Masses and 1 for weekday masses and we ask that you be understanding if your preferred date is not available.

Medjugorje Group Pilgrimage 2025 4 – 11 June €825.00 Direct flights to Mostar-Medjugorje. Price increases to €875 after 31st January 2025.
7 night group pilgrimage with Dymphna Glynn Contact 085 8197155. Spiritual director Fr Ciaran Blake.

Chy3 Charity Donations Scheme: Thank you to all who support the Parish through this scheme. In 2024 we entered a new cycle with this donation scheme and all forms (enduring certs) need to be resubmitted to the revenue commissioners. They are available at at all exit doors of the church. Please take one and drop it back to the parish office or pop it in the collection basket at your earliest convenience.

It's still not too late to sign up. Please consider doing so as it is a substantial income for our Parish, and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information, contact the presbytery 093 35448. Again, sincere Thanks to you all for continued support.

You Can Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue … or have you just stopped because it only makes it worse? Retrouvaille has helped 10s of 1000s of couples experiencing difficulties in their marriage. For confidential information about the next programme which will be presented on Zoom …*27 February to 2 March 2025.* Email:info@retrouvaille.org.uk Call or text 0788 7296983 www.retrouvaille.org.uk

Meals4Health a Social Enterprise of COPE Galway are looking for volunteers to deliver meals to their customers on Thursday mornings across Galway City or County area? Please contact 091 354000 for details.

Altar Servers: If your child would like to become an Altar Server and has made their First Holy Communion, please contact Sharon in the Parish Office 093 35448 or drop into the Sacristy after mass to obtain the registration forms.

Church Gate Collections: Anyone looking to organise a collection at the church gates must get a Garda Permit and notify the parish office in advance. It is advisable to check the date with the Parish office as collections are not recommended on certain dates e.g. Christmas, Easter…

Many Thanks to all who have sent in donations of Postage Stamps. These donations are forwarded on to Sr. Maria in the Mission Centre Dublin and help support the Missions in East Timor, Cuba and Indonesia.

Holy Water: If anyone would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day.

Tús Opportunities: Galway Rural Development has a number of part-time administration and other vacancies now available. Supported by the Tús programme: if you are a year or more on a Jobseeker's payment and would like to contribute to a charity or community group in your locality, then this is your chance. Placements are for 12-18 months with pay and PRSI contributions recorded. Completion of the Tús programme provides future employers with evidence of work experience, training, a reference, and a CV. For more information, contact GRD's Tús team at 087 9335477 or email tusadmin@grd.ie.

Solas Family Support Drop-in Clinic: in conjunction with Tusla and Foroige are offering a Family Support Community Drop-In Clinic on the first Wednesday of every month. Contact John on 093-36446 or Eamonn on 086-1713384 for more information.

Parish Office. You can contact the office by phone or email, and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you, we are now able to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 2.00pm**

HopeSpace - a free support service for children and young people in Galway city and county who have been bereaved has opened recently. You can contact HopeSpace by phone at 091 342566, by email support@hopespace.ie or through the website at www.hopespace.ie. HopeSpace is only the second such service in Ireland (there is already a children's grief centre in Limerick). Please pass the word on and contact HopeSpace if you have any questions or need help.

Western Alzheimer's: Can you spare a couple of hours per week? A little time goes along way. Become a Befriender to those living with Dementia. Full Training Provided Contact Caroline on 087-3694477 or 0949364900 Email: Volunteer@westernalzheimers.ie

WESTDOC: New Westdoc phone number will be **0818 360 000**. Please save the new number to your mobile phone or keep it near your landline. Please remember when phoning Westdoc to have your Eircode close to hand and your Medical Card Number if applicable.

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop - in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; **T.** 094 93 75032 E. counsellingoffice@knockshrine.ie.

Headford Adult Learning Centre: Abbey House, Unit 2, Main St, Headford, Co. Galway. Classes available in the following for beginners to level 3: Computers, iPads, and Smart Phone, Music Appreciation, Book Club, Communications, Digital Media, Climate Justice, Career Preparation. English for Speakers of Other Languages. Also help with Reading Writing and Spelling. Phone 093 34746, 093 26609 or call in to the Centre.

Senior Line Freephone: If you are an older person and would like someone to talk to, particularly since Covid-19, consider phoning Senior Line. We are Ireland's national confidential service for older people. We are open every day of the year from 10am-10pm. We are older people too, trained to listen and support. We would love to hear from you. Freefone 1800 80 45 91.

Bealach Nua: We are a recovery-oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288.

Knock Shrine: Visitors are welcome to attend public Mass at the following times: Monday-Friday in the Parish Church at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Saturdays in the Basilica at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Sundays in the Basilica at 12 noon & 3pm (Rosary at 2.30pm) Confessions are available daily from 11am-3pm in the Chapel of Reconciliation Private Prayer is available daily in the Apparition Chapel from 9am-9pm We ask you to be mindful of your own safety and that of your fellow pilgrims when you visit Knock Shrine and to respect proper advice such as wearing masks, sanitising hands and keeping the proper distance. Our ushers and stewards are on hand to assist you as you participate in the Sacraments here at the Shrine. We will continue to stream Mass daily on our website here. Full details of our opening hours and Mass times are available here.

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Moveable Feasts in 2025/26

	2025	2026
Ash Wednesday	**5th March**	**18th Feb**
Good Friday	**18th April**	**3rd April**
Easter Sunday	**20th April**	**5th April**
Ascension	**1st June**	**17th May**
Pentecost	**8th June**	**24th May**
Trinity	**15th June**	**31st May**
Corpus Christi	**22nd June**	**7th June**
First Sunday of Advent	**30th November**	**29th November**