

LÁ FHÉILE BRÍDE
Ag Ceiliúradh Cruthaitheachta na mBan
ST BRIGID'S DAY
Celebrating the Creativity of Women

Prayer to Saint Brigid

You were a woman of peace. You brought harmony where there was conflict. You brought light to the darkness. You brought hope to the downcast. May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world. Inspire us to act justly and to reverence all God has made.

Brigid you were a voice for the wounded and the weary. Strengthen what is weak within us. Calm us into a quietness that heals and listens. May we grow each day into greater wholeness in mind, body and spirit. Amen.

Headford Church Renovations: Headford Church is now closed for renovation work to the roof.
All ***masses and devotions*** have moved to Claran Church, H91A030.
I would like to take the opportunity again to Thank you all for your help and support with the fundraising.
I appreciate your understanding for the inconvenience caused.

Mass Times may need to be changed at short notice.
Confessions: By appointment.

Parish Office Hours
10am to **2pm**. For Mass Bookings, Arranging Baptisms, Certs, Weddings, Mass Cards.

Notices for Newsletter
Deadline is 12noon on Wednesday. Either drop into office or Email to info@headfordchurch.com It is not always possible to publish all notices due to space, so parish takes preference.

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, phone office *093 354448*

Adoration of the Blessed Sacrament
Mon. 9.00am –10am,
Tues. 9.00 – 10am
Tue 10-11am
Weds 10am-11am and Thurs 6pm-7pm Claran Church

Holy Hour every Friday 3-4 pm in Claran Church with **Divine Mercy** and **Stations of the Cross**. All are Welcome.

Offertory Collection in **Headford €650.00** last weekend and in **Claran €406. Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. Safeguarding Officers are PJ Newell and Maura Moran.

Altar Candle Intentions for February:
Headford Mary Greaney, Carheens, **Claran** Creaven & Sommers Families.

Ministers for February
Readers: **Sat 7pm** Pat Duddy **Sun 10am**: Josie O'Malley **Sun 11.30am** Sharon Joyce

Ministers of the Eucharist:
Sat. **7pm** Geraldine Hannon, Maura Moran.
Sun 10am: Martina Lee, Marian Creavan **Sun 11.30am** Carmel O'Malley.

Baskets: Sat 7pm: Declan McDonagh, Mary Fahy, **Sun11.30am**: James Moran, Margaret Moran, Bridget Hynes.

As a Parish Community we offer our sincere sympathy to the family, relatives, and friends of Fr. Mícheál MacGréil SJ. & Maureen Healy, Roscam/Ower Headford. May they rest in peace.

Headford Church Renovations: Headford Church is now closed for the renovations to the roof. All ***masses and devotions*** have moved to Claran Church. I would like to take the opportunity again to Thank you all for your help and support with the fundraising. I appreciate your understanding for the inconvenience caused.

Adoration from Headford Church will now be held in Claran Church
Monday 9-10am Adoration with Rosary to our Mother of Perpetual Help & Novena Prayers.
Tuesday 9-10am Adoration with Holy Face and Rosary for the unborn.
Friday 3-4pm Divine Mercy & Stations of the Cross.

First Friday Novena to the Sacred Heart & Divine Mercy Chaplet:
9-10am Claran Church 3rd February
First Saturday Devotions to our Lady of Fatima: *9-10am Claran Church 4th February. Rosary & Fatima Prayers followed by Mass.*

Parish of Killursa & Killower

28th & 29th January Fourth Week in Ordinary Time
Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Parish Radio 108fm. Facebook Page
Headford Parish Web cam: Churchtv.ie/headford, churchtv.ie/claran

Mass Intentions for Headford & Claran

Sat 28th	**10.00am**	Gerry Keane RIP
	7.00pm	John & Katie Hannon, for their sons John & Michael Roy Corbett, Main St, Anniversary Eileen & Bill Wynne, Anniv. and the decd. members of the Wynne Family, Windfort.
Sun 29th	**10.00am**	Noel Egan, 2nd Anniversary Chris Egan and Michael Egan, Curramore, 3rd Anniversaries Tom Flynn, Headford, 3rd Anniversary
	11.30am	**St Charbel Mass & Blessing with Relic** Nora McGagh, Anniversary
Mon 30th	**10.00am**	Michael Timlin, London & Ballina, RIP
Tue 31st	**10.00am**	Special Intention
Wed 1st Feb	**10.00am**	John and Nora Keady & their sons John & Paddy Keady, Owerbeg.
Thurs 2nd	**10.00am**	Grania and Martin Tierney, Dublin RIP
Fri 3rd	**10.00am**	Ann Kirby, Dublin, RIP
Sat 4th	**10.00am**	Micheál Forde, Keernaun Christy Lambe, Birthday Remembrance
	7.00pm	People of the Parish Noreen Halloran, RIP
Sun 5th	**10.00am**	**Fr. Martin Newell Months Mind** Fursey Keady, Anniversary
	11.30am	Mary Cunningham, Anthony Cunningham, Mick Handley & Michael Handley RIP Martin Kibble, Feeragh Maureen Day, Deerpark, Anniv

Feast Days this week: Mon 30th St. Aidan, St. Hyacinthe Mariscotti, **Tue 31st** St. John Bosco, **Wed 1st Feb St. Brigid, Thurs 2nd** The Presentation of the Lord**, Fri 3rd St. Blaise**, St. Ansgar, **Sat 4th** St. John de Britto.



Feast of St. Brigid is Wed 1st Feb: Crosses will be blessed during 10am Mass.

Presentation of the Lord is Thurs 2nd Feb. Candles will be blessed during the 10am mass. Those who wish to leave candles can place them along the alter rails and in the front seat. Please put you name clearly on them. If you are donating some to the church, please mark for church use.

Feast of St. Blaise Friday 3rd Feb: Throats will be blessed during 10am mass.

Prayer to Saint Brigid



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You brought harmony where there was conflict.
You brought light to the darkness.
You brought hope to the downcast.
May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world.
Inspire us to act justly and to reverence all God has made.
Brigid you were a voice for the wounded and the weary.
Strengthen what is weak within us.
Calm us into a quietness that heals and listens.
May we grow each day into greater wholeness in mind, body, and spirit.
Amen.

First Friday Calls: If you would like a visit please contact the office. Fr Ray will visit Claran on Weds 1st Feb from 11.30am and Headford Town and Surrounding areas on Thursday 2nd Feb from 12pm onwards.

Diocesan Pilgrimage to Lourdes: The Tuam Diocesan Pilgrimage to Lourdes, led by Archbishop Francis, from Ireland West (Knock) Airport, 5 nights, Friday Sept 1st to Wednesday, Sept 6th, 2023. For details and booking, please contact 01-2410800.

St. Fursey's annual Resolution Run/Jog/Walk St. Fursey's annual Resolution Run/Jog/Walk takes place this Sunday (29th Jan) at 3pm. Registration is in the clubhouse, 2pm on the day. Entry €15 or €40 per family. More info is available on the club's social media accounts.

TOTUS TUUS EUCHARISTIC CONFERENCE 2023 live on Radio Maria Ireland from 3pm on Saturday 4th February. Speakers include Fr. Columbia, Mary Towman op, Fr. Patrick Cahill O.J.S.S, Fr. Patrick Langan (Derry), Maura Murphy. Download the Radio Maria Ireland APP, Saorview Channel 210.

Tuam Archdiocese invites Young Adults and its Youth: to attend a diocesan night on Saturday the 4th February in Tuam. Vigil Mass at 6pm in the cathedral, followed by talks, prayers, music etc. Further details are available from your local parish 09335448 or Mark @ 093 24250

Headford Dementia Café: Headford's Dementia Café will take place on Monday the 30th January from 11am-12:30pm in Headford Hall. All welcome. Tea/coffee and cake will be provided. For more information, contact: Solas FRC @093-36446

Headford Girls School: Open Day 1st Feb from **2.45 to 4pm** in the school **contact:** headfordgirlsns@gmail.com or phone 093-35377.
Footsteps Preschool Headford: enrolment info contact Edel on 087 6906462 or Sinead on 086 0380508
Footsteps Knockroon now enrolling contact Edel 087 6906462.
Claran National School: Open Day is on Tuesday February 14th at 2pm.
Cloughanover NS: Open day 6-7pm Tue Jan 31st at the school. Or cloughanoverschool@gmail.com or call on 35315 for enrolment forms.
Footsteps Preschool Glencorrib Open day on Wed, 1st February 6pm to 7pm. For forms or further information contact Helen 0861717833

One space available due to cancellation. Weekly Art classes for adults in St. Fursa's, Headford. Wednesdays 10.30am - 12.30pm for ten weeks. Oils, Acrylics & Watercolours. you choose and you learn at your own pace. Suitable for beginners and those with experience. Lovely, welcoming and relaxing atmosphere in a group of like-minded folk. Call/text Denise on 087 6731199 or see www.denisehogan.ie for bookings and more details.'

Would you like to become involved in the parish: If you are interested, please call into the sacristy after mass or during parish office opening hours or email info@headfordchurch.com. **Parish Volunteers are always welcome**. We are also very grateful and would like to thank those faithful people who are helping us out at present.

Donnellan's Bus: Donnellan's will be running a bus service from Headford town to Claran Church and back each Sunday for 11.30am mass. If you would like to reserve a seat on the bus, please contact Lena 0872873542.

Church Gate Collections: Anyone looking to organise a church gate collection must organise a permit with An Garda Síochána and notify the parish office in advance.

Valentines Dance: Saturday 11th February in Caherlistrane Community Centre. Music by Break Free, Refreshments available. Doors open at 8.30pm, €10 per ticket. For tickets, please phone 0831891222.

Celebrating St Brigid: Join the National Museum of Ireland - Country Life at Turlough Park, Castlebar, for a special day of events on Saturday, 28 January, exploring and celebrating folklore and folk traditions associated with St Brigid. There will be a family 'Bridéog' making workshop at 11am followed by an afternoon of talks with Museum curators on different aspects of St Brigid's Day traditions. All events are free. See www.museum.ie for further information.

Meals4Health - Galway – Delivers Fresh Delicious Affordable Meals to your door suited to the specific dietary requirements of the older person. Supporting Independent living in the comfort of your home Phone 091354000 for more information or visit www.meals4health.ie Special and modified dietary requirements catered for also. Nationwide delivery available.

Offertory Envelopes: All remaining boxes can be collected from Claran Church.
If you did not receive a box previously and would like to, please contact the parish office 093 35448 or email info@headfordchurch.ie
Bank Transfer: If you would prefer to donate weekly online, please see Bank details below. Please put your name/box number in the reference section and contact the office to let Sharon know you will not need a box.

Bank details are as follows: **St Mary's Church Headford**: BIC BOFIIE2D IBAN Details IE27 BOFI 9038 7528 9740 34
St Mary's Church Claran: BIC BOFIIE2D IBAN Details IE62 BOFI 9038 7528 9727 25

Appointment of a New Deacon: I am delighted to announce that Archbishop Francis has appointed Deacon Cathal Galligan to assist as a permanent Deacon in the following parishes: Headford, Corrandulla, Caherlistrane, Cummer, Tuam and Killererin. He will be a great assistance to us here in the Parish. He will be joining us in the New Year, and I am sure we will all give him a warm welcome.

Baptism: With Covid restrictions lifted Baptism's will now be on a shared basis. Baptism's take place on the first Sunday and third Saturday of each month

Moveable Feasts in 2023/24

	2023	2024
Ash Wednesday	**22nd February**	**14th Feb**
Good Friday	**7th April**	**29th March**
Easter Sunday	**9th April**	**31st March**
Ascension	**21st May**	**12th May**
Pentecost	**28th May**	**19th May**
Trinity	**4th June**	**26th May**
Corpus Christi	**11th June**	**2nd June**
First Sunday of Advent	**3rd December**	**1st December**

World Youth Day 2023. World Youth Day is a Catholic international event, attended by Pope Francis, and held every three years. It will take place next August 1-6, 2023, in Lisbon, Portugal. The Archdiocese of Tuam will participate in this exciting pilgrimage and is inviting young adults (18-35) to join with us for a week of prayer, faith, and friendship. If you are interested or would like more information, please email: tuam2lisbon23@gmail.com or chat to your local priest.

Western Alzheimer's: Can you spare a couple of hours per week? A little time goes along way. Become a Befriender to those living with Dementia. Full Training Provided Contact Caroline on 087-3694477 or 0949364900 Email: Volunteer@westernalzheimers.ie.

Pilgrimages 2023: Fatima: May 11th 2023 7 nights ex Dublin (reduction if paid before Dec 5th) Contact John B 093 28337 or Call 01 2410800

Medjugorje & Cavtat: June 28th 7 nights (4+3), ex Dublin with transport arranged from Claremorris (reduction if paid before Dec 5th). Contact John B 093 28337 or call 01 2410800

Corofin Medjugorje Pilgrimage 24th – 31st May 2023. Spiritual director Fr Ciaran Blake. Lead by Dymphna Glynn. Booking available now. Call Dymphna 085 8197155 or Marian pilgrimages on 01 878 8159.

Tús Community Work Initiative for those 12 months or more unemployed, is now taking-on participants for community work placements with host organisations in the locality. Completion of the scheme provides employers with evidence of work experience, a reference, and a CV. For more, phone 091 875732 or 087 9335477, or email tusadmin@grd.ie.

Headford Bridge Club invites all Bridge players to join their club at Angler's Rest Hotel every Tuesday at 7.15 p.m. for a fun and social event. Contact Ann at 0876007624. Would you like to learn? Then contact Marlene O'Connor, a wonderful Bridge teacher at 0871335830

Safeguarding and Diocesan Vetting is up for renewal for the Parish, would everybody that this would affect please take a renewal form, complete and return to office. Thank you

Dates for First Holy Communion:
Cloughanover N.S. –Headford – Sat. 29th April 2023 at 11.30am
Headford N.S. – St. Mary's Headford – Sat. 6th May 2023 at 11.30am
Claran N.S. - Claran – Saturday 13th May 2023at 11.30pm

Weekly Offertory Contribution: Should anyone wish to set up for a weekly/monthly direct debit, or bank transfer, instead of receiving the offertory box please contact the office and let us know, this will help us save on the cost of printing when we are ordering the boxes in the next few weeks

Parish Office. You can contact us by phone or email, and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you, we are now able to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 2.00pm**

Headford Adult Learning Centre: Abbey House, Unit 2, Main St, Headford, Co. Galway. Classes available in the following for beginners to level 3: Computers, iPads, and Smart Phone, Music Appreciation, Book Club, Communications, Digital Media, Climate Justice, Career Preparation. English for Speakers of Other Languages. Also help with Reading Writing and Spelling. Phone 093 34746, 093 26609 or call in to the Centre.

Mass Bookings: Please note that due to high volume of mass bookings, we would strongly advise to allow two to three months in advance for booking anniversary masses so you can get the dates you would like. Also Please note that mass times can change at any time so it is advisable to watch out for the newsletter weekly.

Cycling Club: Would you like to join a cycling club and head off on a leisurely cycle, meet here in Headford, everybody is welcome please contact Carmel O'Malley for further details on 0863767063**.**

WESTDOC: New Westdoc phone number will be **0818 360 000**. Please save the new number to your mobile phone or keep it near your landline. Please remember when phoning Westdoc to have your Eircode close to hand and your Medical Card Number if applicable.

Additional Tús Places There are currently vacancies in a variety of Tús roles in the local area. Tús is a community work placement for those 12 months or more unemployed and in receipt of Jobseeker's Allowance, with participants receiving a top-up payment. Completion of the scheme provides employers with evidence of work experience, a reference, and a CV. If you are interested, phone 091 875732 or 087 9335477, or email tusadmin@grd.ie.

Holy Water: If people would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day.

Mass Cards: Are available in the parish office. A selection of mass cards for different occasions: Sympathy, Birthday Remembrance, Get Well, Mass Bouquet, Thinking of you etc. Some of these offerings, together with the intentions are being forwarded to Missionary priests to celebrate individual Masses as requested. It would be impossible to say all these masses in the parish.

Senior Line Freephone: If you are an older person and would like someone to talk to, particularly since Covid-19, consider phoning Senior Line. We are Ireland's national confidential service for older people. We are open every day of the year from 10am-10pm. We are older people too, trained to listen and support. We would love to hear from you. Freefone 1800 80 45 91.

Chime: Services for Deaf and Hard of Hearing. Outreach at Tuam Primary Care centre. Contact Tony Dolan for more information or an appointment 086 83413

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; T. 094 93 75032 E. counsellingoffice@knockshrine.ie

Communion at Home: We are very conscious that many parishioners have been unable to receive Communion since the lockdown. Many of you join with us for Mass via the Webcam, Facebook and on Parish Radio. House calls including First Fridays are not permitted during Phase 5 Lockdown (emergencies excepted). We can however bring Holy Communion to your front door Contact Parish Office for details and to arrange day and time.

Bealach Nua: We are a recovery oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288

Chy3 Charity Donations Scheme: Thanks to all who have returned forms. It's still not too late to sign up. Only requirements is you need to be donating €250.00 or more to the Church in each calendar year. Please consider doing so as it is a substantial income for the church and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information contact the presbytery also the forms are available at the Church doors please feel free to take one fill it up and return to office. Thanks to all who have signed up to the scheme so far

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

We welcome more people into our Church. I appreciate your ongoing support and the commitment of so many parishioners in helping keep our parish church safe for everyone. Please use the same guidelines below until otherwise stated. ♦ Please maintain 1 metre social distance. ♦ Face masks can be worn if you like. Please use hand sanitizer as you enter the church. ♦ Holy Communion will be distributed as before, please observe one way system which will be announced at Masses. Holy Communion will be distributed on the hand only. ♦ Mass leaflet/newsletter available at church doors. ♦ Shaking hands as "a sign of peace" or at other times is discouraged. ♦ Collection boxes at church doors for weekly/dues envelopes ♦ Please leave the Church in an orderly fashion No congregating by people before /after any service in the Church or Church grounds. ♦ Please use hand sanitizer as you leave the Church. We have moved into a new phase against Covid 19 with a strong emphasis on personal responsibility and mutual respect.

Welcoming a return to full public worship Bishops stated, "As the remaining Covid-19 restrictions have been lifted, it is encouraging to see a return to full public worship in our parishes, and the resumption of all aspects of Church and community life. At the heart of the life of our parish communities is the Sunday Mass. When we gather for the Eucharist on the Lord's Day, we do so to express our joy in the Risen Lord and to unite with our brothers and sisters in the Church in thanksgiving and praise to God. This is a communal celebration which shapes us as a community of faith, life and charity." We pray in the Mass that it is 'indeed right and just, our duty and our salvation' to give thanks to the Lord, and the Sunday Eucharist is our greatest act of thanksgiving. During the Season of Lent, we encourage everyone to return to Sunday and weekday Mass in our churches, welcoming each other back as we gather once more together. From Easter Sunday, 17 April, this will once again be deemed an essential expression of faith for all in our Church in Ireland. As always, those whose health is vulnerable or who are unwell will not be under any obligation to attend Mass, and should keep themselves safe and pray at home until they are better. "In the coming days and weeks parishes will continue to gradually lift the restrictions and mitigations which were introduced during the pandemic. We should however remain sensitive and respectful (by way of responsible social distancing and optional wearing of masks) towards those who may still feel vulnerable or anxious. For example, it is good especially in these troubled times, to invite people at the 'Sign of Peace' to make a gesture or greeting of peace to the people around them, rather than the traditional handshake. "We remain grateful to all those who risked their lives and made sacrifices in hospitals and other settings to keep us safe during the pandemic. We appreciate the commitment of priests who continued to minister the sacraments to the best of their ability, notwithstanding the risk this posed to their own life and health. In doing so, priests gave powerful witness to the faith. We also give thanks for the many people in our parishes who worked so hard to maintain our worship and parish life in the safest way possible. We keep in our prayers all who have been impacted in any way during the pandemic, especially the bereaved. As civil commemorations are planned in Ireland for the weekend of the 18 – 20 March, with a National Day of Remembrance and Reflection on Sunday 20 March, we invite all in our parish communities to unite in spirit and in prayerful reflection."

Knock Shrine: Visitors are welcome to attend public Mass at the following times: Monday-Friday in the Parish Church at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Saturdays in the Basilica at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Sundays in the Basilica at 12 noon & 3pm (Rosary at 2.30pm) Confessions are available daily from 11am-3pm in the Chapel of Reconciliation Private Prayer is available daily in the Apparition Chapel from 9am-9pm We ask you to be mindful of your own safety and that of your fellow pilgrims when you visit Knock Shrine and to respect proper advice such as wearing masks, sanitising hands and keeping the proper distance. Our ushers and stewards are on hand to assist you as you participate in the Sacraments here at the Shrine. We will continue to stream Mass daily on our website here. Full details of our opening hours and Mass times are available here.