Mass Times may need to be changed at short notice,
Confessions: By appointment

Parish Office Hours **10am** to **2pm**. For Mass Bookings, Arranging Baptisms, Certs, Weddings, Mass Cards. (for both churches)

Notices for Newsletter Deadline is 12noon on Wednesday. Either drop into office or Email to info@headfordchurch.com It is not always possible to publish all notices due to space, so parish takes preference.

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, phone office *093 354448*

Holy Face Devotion on **Tues. 6.45-7pm** in **Headford**

Adoration of the Blessed Sacrament on **Mon. 9.15am –11am, & 7pm–9pm, Tues. 7pm-8pm.** in **Headford.** On **Tue 10-11am** & **Thurs 10am-11am and 6pm-7pm** in **Claran**

Offertory Collection in **Headford €1870.00** last weekend and in **Claran €520 Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. Safe Guarding Officers are PJ Newell and Maura Moran .

Holy Hour on Parish Radio every Friday 3-4 pm with **Divine Mercy** and **Stations of the Cross**.

Altar Candle Intentions for Oct Headford: Intentions of Teresa Monaghan & Family, Main St. **Claran** Intentions of Tom & Nora D'Arcy, Carnakib & Intentions of Mattie & Noreen Woulfe, Cloonkeely.

Ministers for October Headford: Readers: **Sat 7pm** Pat Duddy **Sun 11.30am** Ina Curran
Ministers of the Eucharist : Sat. **7pm** Maura Moran, Jimmy Sweeney, Bernie Sweeney Sun **11.30am** Mary McHugh, Carmel O'Malley, Mary McDonagh
Baskets: Sat 7pm: Declan McDonagh, Mary Fahy, Eamon Walsh.
Sun.11.30am: James Moran, Bridget Hynes
Ministers for October Claran: Reader Sun 10am: Helen O'Neill
Minister of the Eucharist: Mary Gillon

As a Parish Community we offer our sincere sympathy to the family, relatives & friends of Martha Glynn, of Parkmore, Belclare, Alister Patterson, Castleview, Patsy Murphy (nee Gibsey) Woodpark, Shrule & formally of Keernaun, Headford, & Michael John (Mick) Gibbons, Headford & Beaghmore, Caherlistrane. May they Rest in Peace.

Altar Candles for 2023 are available at the moment please contact the office to secure the month you would like.

Church Collections: List of ways people can donate Parish house Letterbox some leave envelopes in my door which I secure right away,
Bank Transfer: there is the option of Electronic Transfer which some have chosen to do, details below of the account for Both Headford and Claran please put your name or box number in the reference section.
St Mary's Church Headford BIC BOFIIE2D IBAN Details IE27 BOFI 9038 7528 9740 34
St Mary's Church Claran
BIC BOFIIE2D IBAN Details IE62 BOFI 9038 7528 9727 25

Baptism: With Covid restrictions lifted Baptism's will now be on a shared basis. Baptism's take place on the first Sunday and third Saturday of each month.

Parish of Killursa & Killower

8th & 9th October Twenty- Eighth Sunday in Ordinary Time
Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Parish Radio 108fm. Facebook Page
Headford Parish Web cam: Churchtv.ie/headford, churchtv.ie/claran

Mass Intentions for Headford

Sat 8th	**7.00pm**	Pat Kenny, Moyne Bridge & all the decd. of Family RIP Teresa & Johnny Keady, Bridge St. Anniv. James Concannon & his Son Aidan, Bridge Street. Maida & Kee's Schalks, Bridge St. Anniv Maureen Gaviola Florida, Healing Mass
Sun 9th	**11:30am**	James Monaghan RIP, Anniversary People of the Parish
Mon 10th	**10.00am**	No Mass
Fri 14th	**10.00am**	No Mass
Sat 15th	**10:00am** **7:00pm**	No Mass Mamie McDonagh, RIP John & Nancy Scanlan, Anniv.
Sun 16th	**11:30am**	Thomas, Julia & John Lally, Cloughanover

Mass Intentions for Claran

Sun 9th	**10.00am**	Pattie Walsh & Michael Neary, Anniv
Tue 11th	**9:30am**	No Mass
Wed 12th	**9:30am**	No Mass
Sun 16th	**10.00am**	Carmel Donoghue RIP, Claran

Feast Days this week: Sunday 9th St. John Henry Newman, Monday 10th St. Daniel Comboni, Tuesday 11th St. John XXIII, Wednesday 12th Bl Carlo Acutis, Friday 14th St. Callistus I.

Mass Bookings: Please note that due to high volume of mass bookings, we would strongly advise to allow two to three months in advance for booking anniversary masses so you can get the dates you would like. Also Please note that mass times can change at any time so it is advisable to watch out for the newsletter weekly.

Dates for First Holy Communion:
Cloughanover N.S. –Headford – Sat. 29th April 2023 at 11.30am
Headford N.S. – St. Mary's Headford – Sat. 6th May 2023 at 11.30am
Claran N.S. - Claran – Saturday 13th May 2023at 11.30pm

Priests Autumn Collection. This is one of the four collections taken up each year which goes towards the upkeep of the priests of the parish. There is a special envelope in your box. It can be handed in at any time. There are also extra envelopes at the back of the church. Thank you.

"I am with you and will watch over you wherever you go". Genesis 28:15

Weekly Offertory Contribution: Should anyone wish to set up for a weekly/monthly direct debit, or bank transfer, instead of receiving the offertory box please contact the office and let us know, this will help us save on the cost of printing when we are ordering the boxes in the next few weeks.

Recruiting Altar Servers anyone that would be interested in altar serving for the forth coming year from 3rd class up please contact your national school or the Parish Office to complete the necessary paperwork.

Meals4Health Galway Delivers Freshly Cooked Meals to your door. Supporting Independent living for longer in the comfort of your home. Special and modified dietary requirements catered for also. Phone 091354000 for more information or visit www.meals4health.ie

Young Adult Faith group A new weekly faith group for young adults will begin in the Parish Centre in Tuam on Saturday evenings from the 15th October @ 7pm. It will be a chance to pray and to explore the Catholic faith more, as well as to enjoy social time together. For more information contact Mark at 093 24250 or email markquinn@tuamparish.com

Knock Youth Leadership: gathers participants together for 11 Saturdays and 2 weekends over an 18-month period. Training will take place at Knock Shrine and starts on November 12th, 2022. Participants will be awarded 2 certificates on completion of the programme: **A Certificate in Youth Ministry from Queen's University, Belfast and A Certificate in Practical Youth Work/Ministry from The Open College Network, Northern Ireland.** For more information contact: 0949375321 / 0876927850 / mairead.jennings@knockshrine.ie

GRETB: Microsoft Word QQI level 5 commencing in GRETB Headford On Friday the 14th of October from 11.30 to 1.30. Contact Úna on 087 4662547 to register or for more info.

Walk of Hope and Memories 2022: October 9th – 16th, at a place that is special to you. To register to take part in the Tuam Cancer Care Walk of Hope and Memories 2022, or to donate please log onto www.tuamcancercare.ie/walkofhopememories2022. Please contact the Centre on 093 28522 or email fundraising@tuamcancercare.ie

Headford Adult Learning Centre: Abbey House, Unit 2, Main St, Headford, Co. Galway. Classes available in the following for beginners to level 3: Computers, iPads, and Smart Phone, Music Appreciation, Book Club, Communications, Digital Media, Climate Justice, Career Preparation. English for Speakers of Other Languages. Also help with Reading Writing and Spelling. Phone 093 34746, 093 26609 or call in to the Centre.

Safe Guarding and Diocesan Vetting is up for renewal for the Parish, would everybody that this would effect please take a renewal form, complete and return to office. Thank you

Coleman School of Irish Dancing: Classes in Cloughanover Community Hall Thursday 3.45pm-4.45pm and St.Fursa's Community Hall Saturday 10am-11am.

Weekly Art classes for adults: St. Fursa's Headford. Wednesday mornings 10.30am - 12.30pm for ten weeks. Suitable for beginners and those with experience. Lovely, welcoming and relaxing atmosphere in a group of like-minded folk. Call/text Denise on 087 6731199 or see www.denisehogan.ie for bookings and more details

Breast Cancer Ireland FREE EVENT: Mon 10th Oct @7pm in Moyne Villa Club House. Rachel Fitzgerald-Feeley BCI Education & Outreach Coordinator will share her personal experience of having had a breast cancer diagnosis. Demonstrating the signs & symptoms & how to self-examine correctly using a medical mannequin. To reserve a seat email: laneyw83@gmail.com

Coastal Rosary for Faith & Life in Ireland On **Sunday October 9th**, the annual **Coastal Rosary** will take place at 2.30pm. Join thousands of people from around Ireland to pray the Rosary for Life and Faith at our coasts, grottos, rivers, churches, and other suitable places. Simply sign up a Rosary location at www. coastalrosaryireland.ie or text your location to 087 278 6552.

Silent Retreat: Theme: "If you but knew the gift of God..." **Preached by**: Fr. Kilian Byrne, Foyer of Charity**. Venue**: St. Mary's Accommodation, Knock, Co. Mayo **Date**: October 17th to 23rd **Cost**: €470 full board **Contact**: Helen : 00353 86 1678027/ hellywilliams@gmail.com www.foyerofcharity.ie**.** A privileged time to come away from noise and distractions, and listen to the Spirit of God, - Who is Love. Silence, prayer, teachings & liturgy of the Church.

Chime : Services for Deaf and Hard of Hearing. Outreach at Tuam Primary Care centre. Contact Tony Dolan for more information or an appointment 086 83413

Additional Tús Places There are currently vacancies in a variety of Tús roles in the local area. Tús is a community work placement for those 12 months or more unemployed and in receipt of Jobseeker's Allowance, with participants receiving a top-up payment. Completion of the scheme provides employers with evidence of work experience, a reference, and a CV. If you are interested, phone 091 875732 or 087 9335477, or email tusadmin@grd.ie.

Parish Office . You can contact us by phone or email and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you, we are now in a position to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 2.00pm**

Mass Cards: There is now available in the parish office a selection of mass cards for different occasions: Sympathy, Birthday Remembrance, Get Well, Mass Bouquet, Thinking of you etc. Some of these offerings, together with the intentions are been forwarded to Missionary priests to celebrate individual Masses as requested. It would be impossible to say all these masses in the parish.

Holy Water: If people would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day.

Welcoming a return to full public worship Bishops stated, "As the remaining Covid-19 restrictions have been lifted, it is encouraging to see a return to full public worship in our parishes, and the resumption of all aspects of Church and community life. At the heart of the life of our parish communities is the Sunday Mass. When we gather for the Eucharist on the Lord's Day, we do so to express our joy in the Risen Lord and to unite with our brothers and sisters in the Church in thanksgiving and praise to God. This is a communal celebration which shapes us as a community of faith, life and charity." We pray in the Mass that it is 'indeed right and just, our duty and our salvation' to give thanks to the Lord, and the Sunday Eucharist is our greatest act of thanksgiving. During the Season of Lent, we encourage everyone to return to Sunday and weekday Mass in our churches, welcoming each other back as we gather once more together. From Easter Sunday, 17 April, this will once again be deemed an essential expression of faith for all in our Church in Ireland. As always, those whose health is vulnerable or who are unwell will not be under any obligation to attend Mass, and should keep themselves safe and pray at home until they are better. "In the coming days and weeks parishes will continue to gradually lift the restrictions and mitigations which were introduced during the pandemic. We should however remain sensitive and respectful (by way of responsible social distancing and optional wearing of masks) towards those who may still feel vulnerable or anxious. For example, it is good especially in these troubled times, to invite people at the 'Sign of Peace' to make a gesture or greeting of peace to the people around them, rather than the traditional handshake. "We remain grateful to all those who risked their lives and made sacrifices in hospitals and other settings to keep us safe during the pandemic. We appreciate the commitment of priests who continued to minister the sacraments to the best of their ability, notwithstanding the risk this posed to their own life and health. In doing so, priests gave powerful witness to the faith. We also give thanks for the many people in our parishes who worked so hard to maintain our worship and parish life in the safest way possible. We keep in our prayers all who have been impacted in any way during the pandemic, especially the bereaved. As civil commemorations are planned in Ireland for the weekend of the 18 – 20 March, with a National Day of Remembrance and Reflection on Sunday 20 March, we invite all in our parish communities to unite in spirit and in prayerful reflection."

Communion at Home: We are very conscious that many parishioners have been unable to receive Communion since the lockdown. Many of you join with us for Mass via the Webcam, Facebook and on Parish Radio. House calls including First Fridays are not permitted during Phase 5 Lockdown (emergencies excepted). We can however bring Holy Communion to your front door Contact Parish Office for details and to arrange day and time.

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Cycling Club: Would you like to join a cycling club and head off on a leisurely cycle, meet here in Headford, everybody is welcome please contact Carmel O'Malley for further details on 0863767063.

We welcome more people into our Church. I appreciate your ongoing support and the commitment of so many parishioners in helping keep our parish church safe for everyone. Please use the same guidelines below until otherwise stated. ♦ Please maintain 1 metre social distance. ♦ Face masks can be worn if you like. Please use hand sanitizer as you enter the church. ♦ Holy Communion will be distributed as before, please observe one way system which will be announced at Masses. Holy Communion will be distributed on the hand only. ♦ Mass leaflet/newsletter available at church doors. ♦ Shaking hands as "a sign of peace" or at other times is discouraged. ♦ Collection boxes at church doors for weekly/dues envelopes ♦ Please leave the Church in an orderly fashion No congregating by people before /after any service in the Church or Church grounds. ♦ Please use hand sanitizer as you leave the Church. We have moved into a new phase against Covid 19 with a strong emphasis on personal responsibility and mutual respect.

Chy3 Charity Donations Scheme: Thanks to all who have returned forms. It's still not too late to sign up. Only requirements is you need to be donating €250.00 or more to the Church in each calendar year. Please consider doing so as it is a substantial income for the church and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information contact the presbytery also the forms are available at the Church doors please feel free to take one fill it up and return to office. Thanks to all who have signed up to the scheme so far

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; T. 094 93 75032 E. counsellingoffice@knockshrine.ie

Knock Shrine: Visitors are welcome to attend public Mass at the following times: Monday-Friday in the Parish Church at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Saturdays in the Basilica at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Sundays in the Basilica at 12 noon & 3pm (Rosary at 2.30pm) Confessions are available daily from 11am-3pm in the Chapel of Reconciliation Private Prayer is available daily in the Apparition Chapel from 9am-9pm We ask you to be mindful of your own safety and that of your fellow pilgrims when you visit Knock Shrine and to respect proper advice such as wearing masks, sanitising hands and keeping the proper distance. Our ushers and stewards are on hand to assist you as you participate in the Sacraments here at the Shrine. We will continue to stream Mass daily on our website here. Full details of our opening hours and Mass times are available here.

3WESTDOC: New Westdoc phone number will be **0818 360 000**. Please save the new number to your mobile phone or keep it near your landline. Please remember when phoning Westdoc to have your Eircode close to hand and your Medical Card Number if applicable.

Senior Line Freephone: If you are an older person and would like someone to talk to, particularly since Covid-19, consider phoning Senior Line. We are Ireland's national confidential service for older people. We are open every day of the year from 10am-10pm. We are older people too, trained to listen and support. We would love to hear from you. Freefone 1800 80 45 91.

Bealach Nua: We are a recovery oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288

Moveable Feasts in 2022/23

	2022	2023
Ash Wednesday	2nd March	22nd February
Good Friday	15th April	7th April
Easter Sunday	17th April	9th April
Ascension	29th May	21st May
Pentecost	5th June	28th May
Trinity	12th June	4th June
Corpus Christi	19th June	11th June
First Sunday of Advent	27th November	3rd December

