Mass Times may need to be changed at short notice,
Confessions: By appointment

Parish Office Hours
10am to **1pm**. For Mass Bookings, Arranging Baptisms, Certs, Weddings, Mass Cards. (for both churches)

Notices for Newsletter
Deadline is 12noon on Wednesday. Either drop into office or Email to info@headfordchurch.com It is not always possible to publish all notices due to space, so parish takes preference.

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, phone office *093 354448*

Holy Face Devotion on **Tues. 6.45-7pm** in **Headford**

Adoration of the Blessed Sacrament on **Mon. 9.15am –11am, & 7pm–9pm, Tues. 7pm-8pm.** in **Headford.** On **Tue 10-11am** & **Thurs 10am-11am and 6pm-7pm** in **Claran**

Offertory Collection in **Headford €794.00 l**ast weekend and in **Claran €374.00 Thank you.**

Headford & Claran Parish is committed to the protection of all children and young people. Safe Guarding Officers are PJ Newell and Maura Moran .

Holy Hour on Parish Radio every Friday 3-4 pm with **Divine Mercy** and **Stations of the Cross**.

Altar Candle Intentions for May: Headford: Intentions of The Fadden Family, Castleview. **Claran** Intentions of Pat & Mary Fahy, Curramore.

Ministers for May Headford:
Readers: **Sat 7pm**
Sun 11.30am Deirdre King
Ministers of the Eucharist : Sat. **7pm** Bernie Sweeney Mary Kyne Sun **11.30am** Siobhan Waldron Mary McHugh
Baskets: Sat 7pm: Declan McDonagh & Mary Fahy
Sun.11.30am: Andy Curran Siobhan Waldron
Ministers for May Claran:
Reader Sun 10am Neasa Cosgrove
Ministers of the Eucharist: Helena Hastings

As a Parish Community we offer our sincere sympathy to the family, relatives and friends of Michael John Earnor, Eyrecourt and formerly of Crosswood, Jaki Fraser, Carnacrow., May they rest in peace.

Volunteer Readers, Ministers of the Eucharist and Offertory Basket Collectors needed for Headford Church. We now have only 3 readers left for 7pm mass which puts a large commitment on them as they are reading at least 4 months of the year. And we have only two basket collectors left for Saturday night, which means they are on every week. Please consider giving up a little of your time.

Church Collections: List of ways people can donate Parish house Letterbox some leave envelopes in my door which I secure right away, **Bank Transfer**: there is the option of Electronic Transfer which some have chosen to do, details below of the account for Both Headford and Claran please put your name or box number in the reference section.
St Mary's Church Headford BIC BOFIIE2D IBAN Details IE27 BOFI 9038 7528 9740 34
St Mary's Church Claran
BIC BOFIIE2D IBAN Details IE62 BOFI 9038 7528 9727 25 **Thank you to all who sent in the CHY3 forms.**

Annual Farm plastic collection: IFFPG Farm Plastics Collection Day, Headford Mart Tuesday 31st May 9am -5pm. IFFPG are not available on other days/times.

Headfest are pleased to announce that this year's festival will take place from 3rd to 6th June, featuring Mike Denver, All Folked Up, Johnny Brady and more, plus a host of community events. For information see Facebook: Headfest

Parish of Killursa & Killower

21st 22nd May Sixth Sunday of Easter
Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Parish Radio 108fm. Facebook Page
Headford Parish Web cam: Churchtv.ie/headford, churchtv.ie/claran

Mass Intentions for Headford

Sat 21st	**7.00pm**	Todd Corbett, Main St Anniversary Joseph Carr Ballyfruit 6th Anniversary Kathleen Waldron Clydagh 2nd Anniversary
Sun 22nd	**11:30am**	Tommy Geraghty, Main St. 7th Anniversary Pascal Hynes, Claran Anniversary Mass Aidan Hickey, 4th Anniversary Mass Peggy O'Connor Kilroe 8th Anniversary. People of the Parish
Monday 23rd	**10:00am**	Ann & James Fitzgibbon, Main Street Tom Sweeney, Ballyhale 22nd Anniversary
Friday 27th	**10:00am** **11:00am**	Dolan Family Intentions PCH Leaving Cert Graduation Mass
Sat 28th	**10:00am** **7:00pm**	Mamie McDonagh RIP Josie Hughes, Keecal 1st Annivesary Joe Gibsey, Anniversary Mass
Sun 29th	**11:30am**	Anglea Jefford St Mary's Rd Anniversary Oliver Creaven, Corrandulla 6th Anniversary & his niece Sharon Creaven

Mass Intentions for Claran

Sun 22nd	**10:00am**	Deceased members of the Reddington & Kennedy Families. Paddy & Bridget Myres, Ower & their son John Cregmore. Anniversary Mass.
Tues 24th	**7:30pm**	**Brigid Greaney Lee Month's Mind Mass**
Wed 25th	**9:30am**	Deceased Members of the Heverin Family Carnacrow.
Sun 29th	**10.00am**	Kathleen Mohan 2nd Anniversary Mass

Congratulations to all the children from Claran & Clydagh N.S. who made their First Communion on Saturday. To their families and teachers, congratulations and thanks for guiding them to this important milestone in their lives

Rosary at the Grottos: The Rosary will be prayed each day during the month of May at hundreds of grottos around the Island of Ireland. To see a list of locations, or to register a grotto (or other suitable location) simply visit www.coastalrosaryireland.ie You can also register by texting 087 278 6552. We are praying for Ireland and for peace in the world.

On Saturday, June 4th at 7:30pm, there will be a special Mass in the Basilica at Knock Shrine for all students preparing for their exams. Students are encouraged to bring their pencil cases for a special blessing! This Mass is a wonderful opportunity for all exams students and their families to gather together to call on God's blessings and to give them the peace that comes from knowing that God is with them and has equipped them with everything they need to succeed.

Zambian Bake Sale in aid of I4Life Nutrition Clinic, Zambia for the under 5's Saturday , May 28th St Fursa's Hall, Headford 11-3pm.

Congratulations to Fr Tod Nolan, P.P. Newport and Fr. Stephen Farragher P.P Ballyhaunis, who have been appointed Vicars General of the Diocese by Archbishop Francis Duffy. They will assist the Archbishop in his work. We wish them every blessing and success in their new role.

Music for a Midsummer's Evening Saturday 11th June, Knock Basilica
An Evening of Inspiring Irish & Choral Music 'Music for a Midsummer's Evening', featuring the Palestrina Choir, Dublin, Soprano Rachel Croash, Mezzo Soprano Anne Marie Gibbons, the Marlborough Sinfonia, Organist Aleksandr Nisse and Conductor Blánaid Murphy. This will be a wonderful evening of inspiring Irish and choral music, with classics including *Danny Boy* and *The Minstrel Boy*, centred around the uplifting Vivaldi Gloria. Doors 6pm. Concert 7pm. Admission Free. Please note, while this is a free event, it will be on a first come, first served basis. Patrons are advised to arrive early, as there is limited seating available. Find out more at www.knockshrine.ie/midsummermusic

Headford Dementia Café : Headford's first Dementia Café will take place on Monday the 30th May from 11-12:30 in Headford Hall. The Dementia Café is free and open to all people with dementia and their families. It is a relaxed space for people with dementia and their families to meet, chat and have a laugh. There will be a guest speaker, Maureen Mannion, Dementia Advisor with the Alzheimer Society of Ireland who will talk about dementia services and supports in Galway. Tea/coffee and cake will be provided. For more information contact: Solas FRC @093-3644

Lough Derg Pilgrimage from Galway Friday 10th – Sunday 12th June 2022
Departing Renmore Church on Friday 10th June at 6.45am Pick up points are; Maldron Hotel Oranmore, Claregalway, and Tuam Garda Station (*other pick up points can be arranged if required) For further information and bookings contact* **Patrizia - 086 4073192 / 091 753763** or **Anne - 086 8381633**

LOUGH DERG RE-OPENS Lough Derg welcomes Pilgrims again with a full Pilgrimage programme this summer. Three Day Pilgrimage: 1st June - 15th August. Booking advised. Concessions available for students, seniors and groups. One Day Retreats and guided Pilgrim Path experience: dates in May and late August through September. Booking essential. All booking information at www.loughderg.org, email info@loughderg.org or telephone 0(0353 *Lough Derg, Pettigo, Co Donegal, F94 N289.*

Eucharistic Adoration Invitation to ALL PRIESTS and ADORERS of the Blessed Sacrament in Tuam Archdiocese:National Eucharistic Adoration Pilgrimage to Knock on Friday 17th (7.30pm) and Saturday 18th June (Corpus Christi weekend).See posters in your church and www.eucharisticadoration.ie Ring Angela Ryan at 087 249 7617 for programme or enquiries. or Sr. Anne Maria O'Shaughnessy 086 868 3619 ALL WELCOME.

Open Day Claran National School and Coill na nÓg - Claran Community Childcare Services will hold an open day for parents on Saturday May 28th between 11 am and 1pm. Members of the Board of Management, school staff as well as the manager of Coill na nÓg will be on site on the day. The manager will take up her position in mid-summer. From September 2022, a full day care Community service will be offered to parents of children from 2 years and 8 months. All prospective new entrants to both Coill na nÓg Community Pre-school facility and to Junior Infants are welcome to attend. Afterschool parent and their children are welcome to attend between 1pm – 2pm. For further information on the Breakfast Club, Pre-school or Afterschool please contact clarancommunitychildcare@gmail.com and further information on school enrolment please contact office@clarannationalschool.ie. We look forward to meeting you on the day.

The seventh Castlehackett 8k Run/Jog/Walk will take place on Sunday 12th of June 2022at 10am. Excellent prizes,refreshments,free tech shirts etc! All are welcome

Scripture Summer School Thursday 16th – Saturday 18th June *Walking the Synodal Pathway together* Facilitated by Mr. Sean Goan and Fr Kieran O'Mahony OSA. We are delighted to bring you this year's Scripture Summer School in association with Tarsus Scripture School. In order to facilitate people from all over the country and further afield, we are delighted to offer participants the option of joining online or in-person. Beginning: Thursday, 16 June at 9.30 am Finishing: Saturday, 18 June at 1pm. Location (if attending in-person): St John's Rest & Care Centre, Knock Shrine. Booking fee €40. Bookings must be completed online at www.knockshrine.ie/scripture_summer_school ***Please note you will need to select the option to either attend online or in-person at the time of booking.***

St. Mary's Church Headford Fundraiser Up-date & Financial Matters

I would like to take this opportunity to express a sincere thank you to all who helped out or supported our fundraiser for the roof and restoration works to Headford Church. The amount raised was outstanding €105,000 was taken in on ticket sales and a further €30,000 was donated anonymously, we had previously raised €90,000 (included in this was the special restoration envelope since 2019 amounting to €34,975, plus €31,671 investment fund in the diocese, 2021 calendar €12,000, Triduum of Masses Christmas and Easter €4,500, the remainder was Private bequests and donations) over the past couple of years bringing our total to €225,000 minus the cost of the car (1st prize) €16,895 leaving us with **€208,105** for our roof and other works to be carried out on St. Mary's church Headford. The restoration envelope which appears in your offertory box (8 times during the year) goes into the upkeep of each church separately, so the funds raised for Claran church goes to Claran church and the same applies for Headford church, this special restoration envelope will conclude by December 2022 as agreed at a pastoral council and finance committee meetings last year.Thank you to members of the finance committee who looked after the counting, recording and lodging of all monies. All church accounts are signed off annually by our accountant Mr. Greg Small and the Diocesan accountant Ms. Catherine Dolan and also independently audited by DHKM (Galway). The Accounts for 2021 are been prepared and checked and will be published shortly.Also a sincere thanks to the restoration committee under the leadership of Mr. Eamonn Walsh who have given of their time, expertise and interest in this project to-date and to Mr. Patrick J. Newell consultant engineer who will oversee the project which is to start by the end of September 2022 (the delay has been caused by the retendering process due to rising costs of materials). I hope this clarifies the present situation. With my kindest regards,
Fr. Ray Flaherty P.P.

Mass Servers: **For Headford Church** we have 4 teams (Team A) Rose Heneghan, Kevin Curran (Team B) Ciara Curran, Luke O'Reilly (Team C) Roisin Walsh, Dylan McDonnell (Team D) Ciara O'Neill, Laura Reddington.
Claran Church we have 5 Teams (Team A) Robyn Murphy, Patrick O'Beirne, Mia Keville, Dylan Woulfe. (Team B) Jasmine Murphy, Hazel Murphy, Julian Gorowski, Enna Birminghan. (Team C) Paidi Halloran, Adam Reddington, Sean Egan. (Team D) Fionn Greaney, Michael Cosgrove, Ruth O'Neill, Sarah Lee. (Team E) Ava McCormack, Sive McCormack. **We will start with Team A from both sides on the week ending 7th/ 8th May. Please also note that children who attend mass any other days are welcome to serve you don't have to be on teams for that weekend you are always welcome.**

Music for a Midsummer's Evening Saturday 11th June, Knock Basilica*An Evening of Inspiring Irish & Choral Music* 'Music for a Midsummer's Evening', featuring the Palestrina Choir, Dublin, Soprano Rachel Croash, Mezzo Soprano Anne Marie Gibbons, the Marlborough Sinfonia, Organist Aleksandr Nisse and Conductor Blánaid Murphy. This will be a wonderful evening of inspiring Irish and choral music, with classics including *Danny Boy* and *The Minstrel Boy*, centred around the uplifting Vivaldi Gloria. Doors 6pm. Concert 7pm. Admission Free.

Please note, while this is a free event, it will be on a first come, first served basis. Patrons are advised to arrive early, as there is limited seating available. Find out more at www.knockshrine.ie/midsummermusic

"Cong Abbey: Canons, Canonesses, Characters and Crosses" will be hosted by the Cong Moytura Heritage Society from Friday 19 August to Sunday 21 August and will feature talks by leading archaeologists, art historians, archivists and historians and guided visits to the abbeys of Cong and Inishmaine. The Conference Introduction will be on the night of 19 August in the village followed by a social night of traditional music and craic. **Tickets and further information are available at congabbeyconference.com.**

Sincere thanks to all who contributed so generously to the recent Special Collection for Ukraine. Nationally, this collection has raised to date over €3.25 million. The war in Ukraine, and the terrible suffering which has resulted, has seen a tremendous outpouring of compassion and generosity from our parish communities. Your contributions will bring much-needed relief to those in the region whose lives and livelihoods have been devastated. The funds raised will be used by the international Catholic Church agency, Caritas Internationalis, which is currently operating on the ground in Ukraine and its surrounding areas. We continue to keep the people of Ukraine in our thoughts, praying for peace and an end to this appalling humanitarian crisis.

Older people need your support! ALONE is recruiting volunteers to provide companionship and support through their ***Telephone Support & Befriending*** *service for older people. ALONE asks that interested volunteers commit to one set shift of 2 hours per week for a minimum of 6 months. Visit www.alone.ie/volunteers for more information*

Covid Safety: In view of the high numbers of Covid 19 in the Community, Archbishop Francis is requesting parishioners to continue to wear face coverings at Mass and other Ceremonies. Thank you for your co operation

THE SUNDAY OBLIGATION
THE DISPENSATION FROM THE OBLIGATION TO ATTEND MASS ON SUNDAYS IS ENDED. Now we can all gather to worship God through the highest prayer, the Holy Mass.

Mass Bookings: Please note that due to high volume of mass bookings, we would strongly advise to allow two to three months in advance for booking anniversary masses so you can get the dates you would like.

Footsteps Preschool will hold an Enrolment Opening Day on Thursday the 24th March from 2.45 pm to 4.00pm for parents and their children enrolling for Sept 2022 . Please contact Edel /sinead on 086 0380508 or email edelfootstepspreschool@gmail.com

Tricia's Preschool Cloughanover N/S Playschool/Montessori FREE ECCE + NON ECCE Places available 9-12. Contact Tricia 087 961 6139 093 34934. Emails Patriciagorham@eircom.net

Cloughanover NS are now enrolling for **Sept 2022**. Please contact the school at 093 35315 or Email cloughanoverschool@gmail.com for enrolment forms.

Claran NS are now enrolling for **September 2022**. Please contact the school at 093 35922 or email office@clarannationalschool.ie

Headford NS are now enrolling for **September 2022**. Please contact the school at 093 35377 or email headfordgirlsns@gmail.com

Clydagh NS are now enrolling for **September 2022**. Please contact the school at 093 35868 or email clydaghnsoffice@gmail.com

Pope Francis has called the whole church to a Synodal way. The theme of the upcoming 16th Synod of Bishops is:

"For a Synodal Church: Communion, Participation, and Mission". Synodality indicates walking together and listening to one another but above all to the Holy Spirit. To deepen this essential characteristic of the Church, the upcoming synod is unlike any previous one. It starts with, and involves all the faithful at local Churches across the world, promising to listen to all, especially to laypeople. That is why this Synod is a 2-year process, up to October 2023.

What is Pope Francis asking us to do for the synod?

This synodal pathway calls us all to a deeper understanding and appreciation of our "baptismal call which is the basis of all Christian life, the gateway to life in the Spirit. And the door which gives access to the other sacraments, we become members of Christ, are incorporated into the Church and made sharers in her mission".*[Catechism of the Catholic Church. 1213].*

This synodal process embarks on a journey, seeking together as priest, faithful and religious" the people of God" the way forward for the Church. This will ask of us to reflect, pray, listen and share our lived experiences with others; leading us to active participation and openness to mission within our parishes and diocese.

Prayer for the Synod

We stand before You, Holy Spirit,
as we gather together in Your name.
With You alone to guide us,
make Yourself at home in our hearts;
Teach us the way we must go
and how we are to pursue it.
We are weak and sinful;
do not let us promote disorder.
Do not let ignorance lead us down the wrong path
nor partiality influence our actions.
Let us find in You our unity
so that we may journey together to eternal life
and not stray from the way of truth
and what is right.
All this we ask of You,
who are at work in every place and time,
in the communion of the Father and the Son,
forever and ever. Amen

Cycling Club: Would you like to join a cycling club and head off on a leisurely cycle, meet here in Headford, everybody is welcome please contact Carmel O'Malley for further details on 0863767063

Footsteps Early Years and School Age Services: Footsteps Services include Preschool, Breakfast Club, Afterschool and Full Day Care. Many childcare packages available to suit children and families individual needs. Located in **Headford Girls' N.S.** For enrolment or information contact Edel or Sinead on 086 0380508

Footsteps Preschool Glencorrib & Knockroone: ECCE preschool (2 Free Preschool Years). National Childcare Scheme available (NCS). Many Childcare packages available to suit children and families individual needs including afterschool care (enquire for further details) For Enrolment/ information Edel or Helen on 086-1717833 Or email edelfootstepspreschool@gmail.com

Ballycushion N.S: Enrolment for the school year 2022/2023 is now open. Enrolment forms can be found on the "Enrol Now" tab on our website along with all other information For further information we can be found and contacted on: http://www.ballycushion.com/ (093) 33164 office@ballycushion.com Facebook: @ballycushionns "

Kilcoona NS are now enrolling for **September 2022.** contact the school on 091-791542 or email info@kilcoonans.ie The closing date for enrolment is 25th February.



Transformation Programme: Once again, Galway Sports Partnership is launching their January "Operation Transformation" Programme. This initiative is based on the Walk on Wednesday concept, where participants are encouraged to commit to one of three distance targets. Each participant will choose their preferred area/town and distance, 60km, 100km or 140km, which are set to be achieved over the 6-week programme. The idea behind the initiative is set out to help the people of Galway start the new year off fresh, with the aim to help participants build a sustainable exercise routine. All participants will be encouraged to download the free fitness tracker, MapMyFitness, and choose which area in Galway they would like to represent in this challenge. In addition to the Walk on Wednesday, there is also a Sunday Stroll, where it is encouraged to gather in **small** groups to walk together! This challenge has been a great source for motivation between friends in the past, as there is nothing like some healthy competition to keep the motivation up! Free online taster classes of Yoga, Mindfulness, Tai Chi and more have been set up. For more information, please email galwayactive@galwaycoco.ie. This is a perfect way to get into a healthy habit together with friends and family whilst having the opportunity to meet other likeminded people. Let 2022 be the year of good, healthy habits!

Mass Cards: There is now available in the parish office a selection of mass cards for different occasions: Sympathy, Birthday Remembrance, Get Well, Mass Bouquet, Thinking of you etc. Some of these offerings, together with the intentions are been forwarded to Missionary priests to celebrate individual Masses as requested. It would be impossible to say all these masses in the parish

We welcome more people into our Church. I appreciate your ongoing support and the commitment of so many parishioners in helping keep our parish church safe for everyone. Please use the same guidelines below until otherwise stated. ♦ Please maintain 1 metre social distance. ♦ Face masks can be worn if you like. Please use hand sanitizer as you enter the church. ♦ Holy Communion will be distributed as before, please observe one way system which will be announced at Masses. Holy Communion will be distributed on the hand only. ♦ Mass leaflet/newsletter available at church doors. ♦ Shaking hands as "a sign of peace" or at other times is discouraged. ♦ Collection boxes at church doors for weekly/dues envelopes ♦ Please leave the Church in an orderly fashion No congregating by people before /after any service in the Church or Church grounds. ♦ Please use hand sanitizer as you leave the Church. We have moved into a new phase against Covid 19 with a strong emphasis on personal responsibility and mutual respect.

Holy Hour on Parish Radio every Friday 3-4 pm with Divine Mercy and Stations of the Cross.

Communion at Home: We are very conscious that many parishioners have been unable to receive Communion since the lockdown. Many of you join with us for Mass via the Webcam, Facebook and on Parish Radio. House calls including First Fridays are not permitted during Phase 5 Lockdown (emergencies excepted). We can however bring Holy Communion to your front door Contact Parish Office for details and to arrange day and time.

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Adoration: In Headford Church Monday and Tuesday evenings from 7pm- 8pm. A Quiet moment to offer prayer and reflection.

Holy Water: If people would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day

Chy3 Charity Donations Scheme: Thanks to all who have returned forms. It's still not too late to sign up. Only requirements is you need to be donating €250.00 or more to the Church in each calendar year. Please consider doing so as it is a substantial income for the church and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information contact the presbytery also the forms are available at the Church doors please feel free to take one fill it up and return to office. Thanks to all who have signed up to the scheme so far

WESTDOC: New Westdoc phone number will be **0818 360 000**. Please save the new number to your mobile phone or keep it near your landline. Please remember when phoning Westdoc to have your Eircode close to hand and your Medical Card Number if applicable

Parish Office . You can contact us by phone or email and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you, we are now in a position to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 1.00pm**

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; T. 094 93 75032 E. counsellingoffice@knockshrine.ie

Knock Shrine: Visitors are welcome to attend public Mass at the following times: Monday-Friday in the Parish Church at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Saturdays in the Basilica at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Sundays in the Basilica at 12 noon & 3pm (Rosary at 2.30pm) Confessions are available daily from 11am-3pm in the Chapel of Reconciliation Private Prayer is available daily in the Apparition Chapel from 9am-9pm We ask you to be mindful of your own safety and that of your fellow pilgrims when you visit Knock Shrine and to respect proper advice such as wearing masks, sanitising hands and keeping the proper distance. Our ushers and stewards are on hand to assist you as you participate in the Sacraments here at the Shrine. We will continue to stream Mass daily on our website here. Full details of our opening hours and Mass times are available here.

Senior Line Freephone: If you are an older person and would like someone to talk to, particularly since Covid-19, consider phoning Senior Line. We are Ireland's national confidential service for older people. We are open every day of the year from 10am-10pm. We are older people too, trained to listen and support. We would love to hear from you. Freefone 1800 80 45 91.

Bealach Nua :We are a recovery oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please . call 094 9049392 or Fran 086 0450835/Noel 087 9749288

MEDJUGORJE IRISH CENTRE PILGRIMAGES APRIL - OCT 2022: 7 Nights Apartment B&B and return Airport transfer from Dubrovnik or Split from €315 per person sharing. Guaranteed Airport transfer price for any flight. Contact us for details and book the dates that suit you. Tel. 01 4434510 or email reservations@med-irishcentre.com

Moveable Feasts in 2022/23

	2022	**2023**
Ash Wednesday	**2nd March**	**22nd February**
Good Friday	**15th April**	**7th April**
Easter Sunday	**17th April**	**9th April**
Ascension	**29th May**	**21st May**
Pentecost	**5th June**	**28th May**
Trinity	**12th June**	**4th June**
Corpus Christi	**19th June**	**11th June**
First Sunday of Advent	**27th November**	**3rd December**