Mass Times may need to be changed at short notice,
Confessions: By appointment

Parish Office Hours **10am** to **1pm**. For Mass Bookings, Arranging Baptisms, Certs, Weddings, Mass Cards. (for both churches)

Notices for Newsletter Deadline is 12noon on Wednesday. Either drop into office or Email to info@headfordchurch.com It is not always possible to publish all notices due to space, so parish takes preference.

Baptisms: **1st Sunday & 3rd Saturday** of each month with prior notice.

First Fridays or a **Hospital visit**, phone office

Holy Face Devotion on **Tues. 6.45-7pm** in **Headford**

Adoration of the Blessed Sacrament on **Mon. 9.15am –11am, & 7pm–9pm, Tues. 7pm-8pm.** in **Headford.** On **Tue 10-11am** & **Thurs 10am-11am and 6pm-7pm** in **Claran**

Offertory Collection in **Headford €1105.00** last weekend and in **Claran €375.00 Thank you**

Headford & Claran Parish is committed to the protection of all children and young people. Safe Guarding Officers are PJ Newell and Maura Moran .

Holy Hour on Parish Radio every Friday 3-4 pm with **Divine Mercy** and **Stations of the Cross**.

Altar Candle Intentions for February: Headford: Intentions of Vincent & Mary Joyce, Clydagh.. **Claran** Intentions of Mary Greaney, Carheens All months for 2022 have now been filled. Thank you.

Ministers for February Headford:
Readers: **Sat 7pm** Pat Duddy.
Sun 11.30am Sharon Joyce.
Ministers of the Eucharist : Sat. **7pm** Geraldine Hannon & Maura Moran.
Sun **11.30am** Carmel O'Malley & Volunteer.
Baskets: Sat 7pm: Declan McDonagh & Mary Fahy
Sun.11.30am: Andy Curran & Redmond Newell
Ministers for February Claran:
Reader Sun 10am Josephine O'Malley
Ministers of the Eucharist: Martina Lee

As a Parish Community we offer our sincere sympathy to the family, relavites and friends of Margaret Burke, Currandulla sister inlaw of Mary Fahy, Caslteview**. Michael Pulicfico RIP** Hull, Boston and formerly Claran. Julia Molloy nee Sullivan RIP USA and Formerly Ower.

Volunteer Readers, Ministers of the Eucharist and Offertory Basket Collectors needed for Headford Church. We now have only 3 readers left for 7pm mass which puts a large commitment on them as they are reading at least 4 months of the year. And we have only two basket collectors left for Saturday night, which means they are on every week. Please consider giving up a little of your time. Thank's.

Parish Office: Letterbox some leave envelopes in my door which I secure right away,
Bank Transfer: there is the option of Electronic Transfer which some have chosen to do, details below of the account for Both Headford and Claran please put your name or box number in the reference section.
St Mary's Church Headford BIC BOFIIE2D IBAN Details IE27 BOFI 9038 7528 9740 34
St Mary's Church BIC BOFIIE2D IBAN Details IE62 BOFI 9038 7528 9727 25 **Thank you to all who sent in the CHY3 Cert**

New Pastoral Council 2022 – 2024: We are in the process of contacting people who were nominated to see if they are willing to accept the position on the team of the new Pastoral Council and we will publish the full list of new members next week. Thank you.

Donations for Flowers for both churches would be appreciated. Thank you for your generosity.

Parish of Killursa & Killower

5th/ 6th February 2022 Fifth Sunday in Ordinary time
Fr. Ray Flaherty PP – 35448 info@headfordchurch.com
Website: www.headfordchurch.com Parish Radio 108fm. Facebook Page
Headford Parish Web cam: Churchtv.ie/headword, churchtv.ie/claran

Mass Intentions for Headford

Sat 5th Feb 2022	**7.00pm**	Tom & Nora Fitzgerald & their son Gerard, Meadow Hill Anniversary.
Sun 6th	**11.30am**	Joe McCauley Ballynakillew RIP (Anniversary)
Mon 7th	**10.00am**	Michael John Hughes RIP (Anniversary)
Fri 11th	**10.00am** **7.00pm**	Ann Kirby Dublin RIP John Kyne, Ross Anniversary
Sat 12th	**10.00am** **7.00pm**	Nonie & Paddy Heffernan RIP Margaret Corbett (Birthday Rem) & Peter Corbett, Bridge St. PJ Monaghan, Main St.
Sun 13th Feb	**11.30am**	Frank Dooley, Clooneen RIP 5th Anniv Mary O'Dea ,Helena Gaviola, Nell Hardiman & all the Dec of the Family Headford & USA

Mass Intentions for Claran

Sun 6th	**10:00am**	Mary Fahy, Carnakib (1st Anniversary) and her Husband John (26th Anniversary) RIP Emily Walsh, Millpark RIP (anniversary)
Tues Feb 8th	**9.30am**	Thanksgiving Mass
Wed 9th	**9.30am**	Michael & Nora Kyne Ballymana
Sun 13th	**10.00am**	Kay Conway 1st Anniversary Tommy Coen, RIP Kieran Biggins & all Decs of Biggins Family, Carrowbeg Makeilla O'Toole, Boston

Holy Days this week: Monday 7th St Mel, Tuesday 8th St Josephine, Day of Prayer against Human Trafficking, Thursday 10th St Scholastica, Friday 11th Our Lady of Lourdes, World Day of the Sick, St Grobnait.

Special Needs Assisting QQI Level 6 Commencing in GRETB Dunmor e and Headford. Starts Tuesday 8th February (Blended). Every Tuesday and Friday morning from 10.00 to 1.00. Register on www.fetchcourses.ie Dunmore – Course Code -343456 Headford – Course Code – 346925. Contact – info.dunmore@gretb.ie

Bereavement Support: Losing a loved one is always a difficult experience. During Covid many support services were missing but from February 2nd, the weekly Bereavement Support Group will resume every Wednesday morning at 11am in the Family Centre at Knock Shrine. These meetings aim to help those who are grieving to find healing, hope and comfort. All are welcome. Further information from Monica Morley on 094-9375320.

Massive Congratulations to Cian Donnelly son of Joanne and Keith, Ashthorn Avenue who came 3rd at the Millrose Games in the Fastest Kid in the World Race, last week well done on such a great achievement

Sean Chairde Headford will return @ 11 am on Friday 11th February in St Fursa's Hall (opposite Joyce's supermarket). We welcome new members, men and women over 55yrs. We are an older group who meet socially for light exercise, music, song and dance, guest speakers, arts and crafts and a light lunch with homemade baking. Transport available, phone Donnellan's Bus Hire @ 087-2873542 (the day before to book your seat). For further enquiries call Solas Resource Centre @ 093-36446. Sean Chairde would like to thank everyone who volunteered their time to help in running the group successfully.

St Fursa's Historical Society. Whether you are new to the area or if you have lived here all your life and are interested in our History and Folklore the society are returning after Covid on Friday night February 18th at 8pm in the function room on Anglers Rest Hotel. Why not come along, get nvolved and learn all about this beautiful area that you live in. If you have any old photographs of the area or stories we would love to see and hear them. If you have any ideas or if there are any particular aspects of the are that you would like to explore or learn about come along you will not be disappointed.

Pilgrmage to Medjugorje 2022 7 night pilgrimage to Medjugorje with Dymphna Glynn, 3rd to 10th May 2022, €695. Spiritual director Fr Ciaran Blake. Contact Marian Pilgrimages on 01 878 8159 or www.marian.ie

"Castlehackett National School Open Day Tuesday 22nd of February, 9AM - 10AM. Appointments can be arranged by emailing info@castlehackettns.ie"

Confirmation 2022: There are **78 Candidates**
Enrolment Mass for Confirmation will take place on **Sunday March 20th** at **10am** in **Claran Church** for **Clydagh & Claran** pupils and **11.30am** in **Headford Church** for the pupils of **Cloughanover & Headford.**
Confirmation will be on **April 29th**. Times to be decided.

First Holy Communion 2022: Registration for First Holy Communion is now closed. There will be **38 Communicants** going forward for the Sacrament of First Confession and First Holy Communion.
First Confession
Headford N.S. on **Monday 7th March 10.30am** in **Headford Church**.
Claran N.S. after 9.30am Mass on **Tuesday 8th March** in **Claran Church.**
Cloughanover N.S. at **11.30am** on **Wednesday 9th March** in the **school**
Clydagh N.S. will take place on **Wednesday 9th March** at **1pm** in the **school.**
First Holy Communion
Cloughanover N.S. in **Headford Church** on **April 30th** at **11.30am**.
Headford N.S. in **Headford Church** on **Saturday May 7th** at **11.30am**.
Clydagh N.S will take place in **Claran Church** at **11.30am** on **Saturday May 21st**.
Claran N.S will take place in **Claran Church** at **11.30am** on Saturday **May 21st**.

Cloughanover NS are now enrolling for **Sept 2022**. Please contact the school at 093 35315 or Email cloughanoverschool@gmail.com for enrolment forms.

Claran NS are now enrolling for **September 2022**. Please contact the school at 093 35922 or email office@clarannationalschool.ie

Headford NS are now enrolling for **September 2022**. Please contact the school at 093 35377 or email headfordgirlsns@gmail.com

Clydagh NS are now enrolling for **September 2022**. Please contact the school at 093 35868 or email clydaghnsoffice@gmail.com

Footsteps Early Years and School Age Services: Footsteps Services include Preschool, Breakfast Club, Afterschool and Full Day Care. Many childcare packages available to suit children and families individual needs. Located in **Headford Girls' N.S.** For enrolment or information contact Edel or Sinead on 086 0380508

Footsteps Preschool Glencorrib & Knockroone: ECCE preschool (2 Free Preschool Years). National Childcare Scheme available (NCS). Many Childcare packages available to suit children and families individual needs including afterschool care (enquire for further details) For Enrolment/ information Edel or Helen on 086-1717833 Or email edelfootstepspreschool@gmail.com

Apply now for the Computer-based Business Courses starting in **Ballinrobe** early February. The courses are free and provide unemployed adults with an opportunity to return to education, update their skills, and learn new skills in a supportive learning environment. All course materials are provided, including the use of a laptop, family friendly hours, small class sizes and QQI accreditation. VTOS eligibility criteria may apply. For Further details – contact **Beatrice,** Further Education Centre, Ballinrobe. 086 0610020; email beatricebrophy@msletb.ie

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Online Anger Management Course Knock Counselling Centre: Is Anger Hurting You Or Your Family? Knock Counselling Service is running a 5-evening Online Anger Management programme, starting on Tue 1st Feb , 7pm - 9pm. To register, contact Peter Devers at 087 798 9253 or log onto www.knockshrine.ie/counselling

2022 All Ireland Eucharistic Conference Saturday 5th February at **2pm** live on **Radio Maria Ireland**. Speakers include Fr. John Mockler, Servant Sister of the Home of the Mother, Antoinette Moynihan (Children of the Eucharist) and Fr. Morty O'Shea.

Ballycushion N.S: Enrolment for the school year 2022/2023 is now open. Enrolment forms can be found on the "Enrol Now" tab on our website along with all other information For further information we can be found and contacted on: http://www.ballycushion.com/ (093) 33164 office@ballycushion.com Facebook: @ballycushionns "
Kilcoona NS are now enrolling for **September 2022.** contact the school on 091-791542 or email info@kilcoonans.ie The closing date for enrolment is 25th February.

Do you want to learn Computer Skills from home? If you are a beginner or want to refresh your skills. National Learning Network's free IT and Business Studies course enables you to learn online from home, do work experience locally, and come into the local Centre for tutor guidance just twice a week. Completing modules such as word processing, spreadsheets, bookkeeping and many others. A free laptop is provided for the duration of the course. If you would benefit from extra support and are registered with the Department of Social Protection you could be entitled to the free training. Flexible start dates, payments are protected, and people under 26 years can receive extra payments. Contact Sharon on 0872909064 or check us out at www.nin.ie

Transformation Programme: Once again, Galway Sports Partnership is launching their January "Operation Transformation" Programme. This initiative is based on the Walk on Wednesday concept, where participants are encouraged to commit to one of three distance targets. Each participant will choose their preferred area/town and distance, 60km, 100km or 140km, which are set to be achieved over the 6-week programme. The idea behind the initiative is set out to help the people of Galway start the new year off fresh, with the aim to help participants build a sustainable exercise routine. All participants will be encouraged to download the free fitness tracker, MapMyFitness, and choose which area in Galway they would like to represent in this challenge. In addition to the Walk on Wednesday, there is also a Sunday Stroll, where it is encouraged to gather in **small** groups to walk together! This challenge has been a great source for motivation between friends in the past, as there is nothing like some healthy competition to keep the motivation up! Free online taster classes of Yoga, Mindfulness, Tai Chi and more have been set up. For more information, please email galwayactive@galwaycoco.ie. This is a

perfect way to get into a healthy habit together with friends and family whilst having the opportunity to meet other likeminded people. Let 2022 be the year of good, healthy habits!

School Retreats available at Knock Shrine We are delighted to announce that the Youth Ministry at Knock Shrine will resume school retreats throughout 2022. School retreats are available to both primary and secondary schools and offer students a meaningful, spiritually uplifting day to reflect within themselves and experience quality time with their fellow students. Retreat programmes are flexible and can be tailored to suit your group's needs or time limitations. If you would like to plan a school retreat, please get in touch with a member of our Youth Ministry team: T: (094) 93 75321 youthministry@knockshrine.ie or find out more at www.knockshrine.ie/news

Mass Cards: There is now available in the parish office a selection of mass cards for different occasions: Sympathy, Birthday Remembrance, Get Well, Mass Bouquet, Thinking of you etc. Some of these offerings, together with the intentions are been forwarded to Missionary priests to celebrate individual Masses as requested. It would be impossible to say all these masses in the parish

We welcome more people into our Church. I appreciate your ongoing support and the commitment of so many parishioners in helping keep our parish church safe for everyone. Please use the same guidelines below until otherwise stated. ♦ Please maintain 1 metre social distance. ♦ Face masks must be worn. Please use hand sanitizer as you enter the church. ♦ Holy Communion will be distributed as before, please observe one way system which will be announced at Masses. Holy Communion will be distributed on the hand only. ♦ Mass leaflet/newsletter available at church doors. ♦ Shaking hands as "a sign of peace" or at other times is discouraged. ♦ Collection boxes at church doors for weekly/dues envelopes ♦ Please leave the Church in an orderly fashion No congregating by people before /after any service in the Church or Church grounds. ♦ Please use hand sanitizer as you leave the Church. We have moved into a new phase against Covid 19 with a strong emphasis on personal responsibility and mutual respect.

Covid 19 Updates: Weddings: Wedding attendance is limited to 100 guests. Live music is permitted. Receptions in hotels, restaurants and other licenced venues must finish at midnight**.**

Religious services and funerals. Places of worship are open for religious services with no limits on numbers attending. Protective measures must be in place. Places of worship can open after 8pm.

Mass Bookings: Please note that due to high volume of mass bookings, we would strongly advise to allow two to three months in advance for booking anniversary masses so you can get the dates you would like

Holy Hour on Parish Radio every Friday 3-4 pm with Divine Mercy and Stations of the Cross.

Altar Servers: Due to the high numbers of Covid, it has been decided not to proceed with having Altar Servers at present. I'm sure this is very disappointing for all the children who have put their names forward. We will re visit the situation in the new year. Thank you.

Communion at Home: We are very conscious that many parishioners have been unable to receive Communion since the lockdown. Many of you join with us for Mass via the Webcam, Facebook and on Parish Radio. House calls including First Fridays are not permitted during Phase 5 Lockdown (emergencies excepted). We can however bring Holy Communion to your front door Contact Parish Office for details and to arrange day and time.

Adoration: In Headford Church Monday and Tuesday evenings from 7pm- 8pm. A Quiet moment to offer prayer and reflection.

Holy Water: If people would like water to be blessed, please leave in a sealed container with name behind the Altar & it will be blessed and can be collected the next day

Chy3 Charity Donations Scheme: Thanks to all who have returned forms. It's still not too late to sign up. Only requirements is you need to be donating €250.00 or more to the Church in each calendar year. Please consider doing so as it is a substantial income for the church and it costs you no more than your usual contributions each week. Your PPS no. is forwarded to revenue along with the amount donated in your envelopes and revenue takes care of the rest. If you would like further information contact the presbytery also the forms are available at the Church doors please feel free to take one fill it up and return to office. Thanks to all who have signed up to the scheme so far

WESTDOC: New Westdoc phone number will be **0818 360 000**. Please save the new number to your mobile phone or keep it near your landline. Please remember when phoning Westdoc to have your Eircode close to hand and your Medical Card Number if applicable

Parish Office . You can contact us by phone or email and we will get back to you. We can arrange masses and mass cards over the phone and post them out to you, we are now in a position to take card payments over the phone. Office Hours: **Mon to Fri 10.00am – 1.00pm**

The Drop-In Listening Service at Knock Counselling Centre is open to anyone. If you feel the need to talk to someone in confidence, you can 'drop -in' (no appointment necessary) on Thursdays. The drop-in service begins at 11am with final sessions no later than 3pm. This is an open and accessible service to help those who find themselves in need of support. Find out more by contacting Knock Counselling Centre; T. 094 93 75032 E. counsellingoffice@knockshrine.ie

Knock Shrine: Visitors are welcome to attend public Mass at the following times: Monday-Friday in the Parish Church at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Saturdays in the Basilica at 12 noon, 3pm & 7.30pm (Rosary at 7pm) Sundays in the Basilica at 12 noon & 3pm (Rosary at 2.30pm) Confessions are available daily from 11am-3pm in the Chapel of Reconciliation Private Prayer is available daily in the Apparition Chapel from 9am-9pm We ask you to be mindful of your own safety and that of your fellow pilgrims when you visit Knock Shrine and to respect proper advice such as wearing masks, sanitising hands and keeping the proper distance. Our ushers and stewards are on hand to assist you as you participate in the Sacraments here at the Shrine. We will continue to stream Mass daily on our website here. Full details of our opening hours and Mass times are available here.

Senior Line Freephone: If you are an older person and would like someone to talk to, particularly since Covid-19, consider phoning Senior Line. We are Ireland's national confidential service for older people. We are open every day of the year from 10am-10pm. We are older people too, trained to listen and support. We would love to hear from you. Freefone 1800 80 45 91.

Bealach Nua :We are a recovery oriented family peer support service which offers families/friends of people with mental health challenges an opportunity to engage with family peer supporters through individual, group work, wellness days and information evenings. For further information or to access the service please call 094 9049392 or Fran 086 0450835/Noel 087 9749288

Note: To those of you who are feeling fragile, frightened and alone, please don't, we're all going through the same thing. At the same time, there's a struggle for some of you. We're on your side and we're thinking of you today. Try to stay

optimistic and we will get through this, please feel free to pick up the phone at any time and give us a ring if you need anything or just a friendly

COVID-19 Support Line for Older People ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19. Professional staff are available to answer queries and give advice and reassurance where necessary. The support

MEDJUGORJE IRISH CENTRE PILGRIMAGES APRIL - OCT 2022: 7 Nights Apartment B&B and return Airport transfer from Dubrovnik or Split from €315 per person sharing. Guaranteed Airport transfer price for any flight. Contact us for details and book the dates that suit you. Tel. 01 4434510 or email reservations@med-irishcentre.com

WHO DOES WHAT AT MASS?

At every Mass you will notice that some members of the assembly have different jobs. We call these jobs 'ministries'. Let's look at some more of them: At every Mass you will notice that some members of the assembly have different jobs. We call these jobs 'ministries'. Let's look at some of them:

PRIEST: At Mass the priest leads us and encourages us to play our part in the celebration.

THE SACRISTAN: This is a very important person in church. They makes sure that it is warm and welcoming, prepare the altar, lights the candles, puts out the necessary books and things needed for the Mass and makes sure that there are enough candles, wine and altar breads for Mass.

THE CLEANERS: In most parishes there are people who look after the cleaning of the church.

ALTAR SOCIETY: They make sure that there are flowers to decorate the altar.

SEASONAL VOLUNTEERS: They may put up the crib at Christmas and decorate the church building for special occasions

THE SERVERS: Servers are normally boys and girls who have received their First Communion. Their job is to help the priest during Mass. They can carry books, bring water and wine, wash the priest's hands and ring bells.

MINISTER OF THE WORD: Even though we sometimes call this person the reader, the proper name is 'Minister of the Word'. The readings of Mass come from the Bible. They are the Word of God and so we can say that we hear God speaking to us through the voice of the Minister of the Word.

THE COLLECTORS/USHERS: The people, who welcome people to the church, offer them assistance and collect our gift of money.

THE MINISTER OF THE EUCHARIST: The person who helps to give out communion at Mass. They sometimes bring communion to those who are unable to come to Mass because they are sick.

MUSIC: Many parishes have choirs – groups of people who sing at Mass. Their singing helps the whole assembly to pray, We are all encouraged to join with the choir. Some parishes may have people who lead the assembly in singing. These are called cantors.

Parish Statistics for 2021	Baptisms	Marriages	Deaths	First Holy Communions	Confirmation
Headford	30	6	20	24	0
Claran	9	2	11	23	0
Total for 2021	39	8	31	47	0
Total for 2020	26	4	21	30	93

Moveable Feasts in 2022/23

	2022	**2023**
Ash Wednesday	**2nd March**	**22nd February**
Good Friday	**15th April**	**7th April**
Easter Sunday	**17th April**	**9th April**
Ascension	**29th May**	**21st May**
Pentecost	**5th June**	**28th May**
Trinity	**12th June**	**4th June**
Corpus Christi	**19th June**	**11th June**
First Sunday of Advent	**27th November**	**3rd December**